

South Washington County Schools Early Childhood Family Education Winter/Spring 2012



Helping you provide the best possible environment
for your child's development and learning



Fun and Educational Classes, Services and Events for Families
with Infants, Toddlers, and Preschool Children

Serving Cottage Grove, Newport, St. Paul Park, Woodbury,
Afton, Denmark and Grey Cloud Island

Classes begin the week of January 23rd unless otherwise listed
Register by 4 pm Thursday, December 1st. Registration is ongoing until classes fill.

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What is ECFE?

Early Childhood Family Education (ECFE) is a Minnesota State funded, educational program for families with children from birth to 5 (not yet in kindergarten).

The mission of Early Childhood Family Education is to strengthen families through the education and support of all parents and to help parents provide the best possible environment for the healthy growth and development of their children.

In District 833, ECFE sets the stage for parent involvement and children's success in K-12 education and builds community by connecting parents of infants, toddlers and preschoolers.

Classes include early education experiences for children and parenting education and resources for adults. Classes are taught by Minnesota State Licensed early childhood teachers and parent educators.

District 833 Preschool Classes 2012-2013

Registration for preschool classes begins February 2012 for children 3 to 5 years of age. Children must be 3 years old by September 1, 2012. For program description see page 10.

District 833 Census

Registering for the census ensures that you will receive current class offerings and program information by mail.

If you or your neighbors are new residents or have a new baby, contact the office of Student Information at 651-458-6236 or stop by your nearest ECFE office and ask to be included in District 833's census. The number of birth-4 year olds on the school district census impacts the amount of Minnesota State funding the program receives.

Online Registration Available

Try the convenience of our online registration. To register online go to www.cecool.com. Under the "Quick Guide" click on browse/register. You can also register in person, by mail or fax. Registrations received by 4pm, Thursday, December 1 will be processed through a random drawing. Registrations after December 2 are ongoing until classes fill. The "online" registration option is only available for open classes through January 9.

Ages Guidelines for ECFE Classes

Ages listed on page 4 "Classes for Infants" are as of January 1, 2012

Ages listed on page 4 "Classes for Toddlers & Twos" are as of January 1, 2012

Ages listed on page 5 "Classes for Twos & Threes" are as of September 1, 2011



A Typical ECFE Class...

Parent and Child Interaction

This is a special time for you and your child to enjoy together. Parents and children explore a classroom filled with developmentally appropriate play and learning activities. The Minnesota Early Learning Standards provide a framework for these activities which may include sensory, literacy, language, cognitive and physical development.

Parenting Education and Discussion

Parents meet for information about child development and parenting techniques. This is a great time for sharing individual experiences and getting parenting information and education. The Minnesota Parent Education Core curriculum provides a framework for parent education topics that may include: routines and sleep, the importance of play, discipline, balancing parent and child needs, school readiness, self-esteem and more. In non-separating classes parents remain in class with children for parent discussion.

Early Childhood Experience

In separating classes children remain in the Early Childhood classroom with the teacher and paraprofessional, while you attend parenting education time in another room. Through a variety of classroom activities children view themselves as competent learners and practice social skills as they demonstrate making friends, solving conflicts and learning in a group setting.

Home Visiting

Sometimes individual circumstances make it difficult to attend classes, or a parent may be attending classes, but would like more parenting information and/or support. See page 8 for more details.

Sibling Care

So parents can give special attention to the child enrolled in class, on-site sibling care is available. Children under 8 weeks of age can stay with parents in the classroom. All other siblings must be registered for sibling care. For sibling care on a one-time basis, call one day in advanced for space availability. More detail and fees are found on page 12.



Classes for Infants...

Baby Beginnings

Begin a lifetime of healthy growth and development for your infant today. Come with your baby and join other moms and dads to learn more about baby growth and development. Our licensed educators and infant specialists will guide you through the daily joys and concerns of parenting. They will also set up a fun learning environment with activities for you and your baby to enjoy together. This class is non-separating.

Class fees: please use fee scale on pg 12 divided by two.

Birth-14mo Tues 2-3:30pm DPW006-2 Dist Prog Ctr
(Jan 24-Mar 27) No class Feb 21; Mar 13

Birth-14mo Tues 2-3:30pm DPW007-2 Dist Prog Ctr
(Apr 3-May 22)

New Baby Connection

Bring your 0-3 month-old baby and meet at Woodwinds Health Campus. ECFE is offering free ongoing classes for new parents and their infants 0-3 months in collaboration with Woodwinds Hospital and Amma Maternity. An ECFE parent educator/infant specialist will facilitate discussions about your new baby's development and surviving and thriving as a new parent. A nurse educator will weigh your baby and answer feeding and care questions. A great time to meet other parents!

Join the group at any time. Call 651-768-5330.

Birth-3mo Tues 12:30-1:30pm Woodwinds Hospital, Woodbury

Growing Babies and Parents

Continue the connections with your 3-6 month-old baby at Woodwinds Health Campus. ECFE is offering free ongoing classes for new parents and their infants. Every Tuesday an ECFE infant specialist/parent educator will facilitate discussions about your new baby and surviving and thriving as a new parent. A great time to continue your connections with new parents and celebrate the joys and concerns of parenting a newborn. Join the group at any time.

3-6mo Tues 2-3pm Woodwinds Hospital, Woodbury

Important Dates to Remember

Class Start and End Dates

Winter/Spring Semester Begins - January 23
Last day of Winter/Spring Semester - May 25

No Classes

Feb 20, 21	President's Day; Workshop
March 9-16	Spring Break
April 6	Spring Holiday

More Classes for Infants

Ages listed are as of January 1, 2012

Birth-16 months

Welcome to parenthood. Whether this is your first, second, third or more, all parents have questions, concerns and challenges. Find out what you can expect in your child's development. Learn and participate in new activities, songs and games that promote a healthy and strong start for your baby. Get help on topics such as feeding, sleeping, soothing, staying at home or returning to work and share your joys and concerns with other parents. Classes are taught by a licensed Parent Educator or Early Childhood Infant Specialist. All infant classes are non-separating.

DAYTIME INFANT CLASSES/FULL SEMESTER

Birth-12mo	Tues	9-10:30am	CPW001-2	Central Park
4-10mo	Fri	11am-12:30pm	PVW002-5	Central Park
10-16mo	Tues	11am-12:30pm	CPW003-2	Central Park
10-16mo	Thurs	9-10:30am	CPW004-4	Central Park
10-16mo	Fri	9-10:30am	CPW005-5	Central Park

EVENING INFANT CLASSES/FULL SEMESTER

Birth-16mo	Mon	6-7:30pm	PVW008-1E	Central Park
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EVENING BABY MASSAGE - 3 WEEKS

(April 5, 12, 19)

Class Fee: \$15 per child

Bring your baby (non-crawlers) and learn the special touch of massage from an infant massage specialist. Massaging your baby can enhance the emotional bond with your child, calm your baby, improve sleep patterns and help digestion. For premature babies massaging helps improve growth and development.

Birth-9mo	Thurs	6:30-7:30pm	CPW010-4E	Central Park
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Class Fees

If the class you choose does not include a class fee with the description, refer to the fee scale on pg 12.

For additional fee support call 651-458-6632.

Families will not be denied participation due to inability to pay.



Classes for Toddlers & Twos...

Ages listed are as of January 1, 2012

16-34 months

Toddlers and young twos are on the move and gaining independence as they explore the world around them. Children and parents are learning to separate from each other. Learn more about this stage of development, how to set limits, gain cooperation and develop appreciation for this age. Parents have the option of a **non-separating*** class or a **separating** class.

Non-Separating Classes

During non-separating classes parents remain in class with children for parent discussion and for parent and child activities. During separating classes parent discussion is held in another room as described on pg 3. Non-separating classes are designated by *.

DAYTIME TODDLERS and TWOS CLASSES

16-28mo	Mon	9-10:30am	CPW101-1	Central Park
16-28mo	Wed	9-10:30am	CPW102-3	Central Park
16-28mo	Fri	9-10:30am	CPW104-5	Central Park
16-28mo	Fri	11am-12:30pm	PVW105-5	Central Park
16-34mo	Thurs	9-10:45am	DPW108-4	Dist Prog Ctr
22-34mo	Mon	11am-12:45pm	CPW109-1	Central Park
22-34mo	Wed	11am-12:45pm	PVW110-3	Central Park
22-34mo	Wed	9-10:45am	VCW111-3	Valley Crossing

EVENING TODDLERS and TWOS CLASSES

16-28mo*	Mon	5:30-7pm	DPW112-1E	Dist Prog Ctr
12-34mo*	Tues	6-7:45pm	PVW113-2E	Central Park

*Non-Separating Classes

Classes for Twos & Threes...

Ages listed are as of September 1, 2011

Two to three-year-old children have a natural drive to discover and explore their world. They are busy learning language, expanding social experiences, expressing emotions and learning to control their impulses. They are declaring their independence and testing limits. This time of rapid growth requires guidance and direction which will be among the many topics of parent discussion. Classes follow the ECFE format described on pg 3.

24-36mo	Mon	9-11am	DPW201-1	Dist Prog Ctr
24-36mo	Tues	9-11am	PVW202-2	Central Park
24-36mo	Wed	9-11am	CPW209-3	Central Park
24-36mo	Fri	9:30-11:30am	VCW204-5	Valley Crossing
30-36mo	Mon	9-11am	CPW203-1	Central Park
30-36mo	Tues	9-11am	CPW206-2	Central Park
30-36mo	Tues	9-11am	DPW207-2	Dist Prog Ctr

EVENING Two's and Three's CLASSES

24-36mo	Tues	6-7:30pm	PVW208-2E	Central Park
*24-36yrs	Thurs	6-7:30pm	CPW705-4E	Central Park

*Activity class/see pg 6 "Little Learners" class description.

Multi-Age Classes

Birth-5 years

These classes are enjoyed by families with one, two, three or more children. Multi-age classes bring children between ages birth-5 years together in a class to learn and play. The classes provide a greater range of topics and activities especially designed for all levels of learning. Parent discussion topics cover child development and parenting children birth - 5.

DAYTIME MULTI-AGE CLASSES

Birth-5yrs	Tues	3-5pm	CPW502-2	Central Park
Birth-5yrs	Thurs	9-11am	CPW503-4	Central Park

EVENING MULTI-AGE CLASSES

Birth-5yrs	Mon	6-7:30pm	PVW504-1E	Central Park
Birth-5yrs	Tues	6-7:30pm	DPW505-2E	Dist Prog Ctr

Sibling Care is not available during evening classes



Special Topics Multi-Age Classes...

NutureShock: New Thinking About Children

New!

Class Fee: \$75 per child

The newest book about childhood is nothing like the conventional parenting manual; it gets to the core of how children grow, learn and live. *NutureShock*, the new book by Po Bronson and Ashley Merryman, is the basis for weekly parent discussions which will explore topics such as praise, sibling relationships, why kids lie, self-control and more. In addition, parents and children will participate in weekly activities designed to develop the preschooler's essential social, emotional and educational skills.

Birth-5yrs	Tues	9-11am	DPW501-2	Dist Prog Ctr
(Jan 24-Apr 10) No class Feb 21; Mar 13				
3-5yrs	Tues	12-2pm	CPW506-2	Central Park
(Jan 24-Apr 10) No class Feb 21; Mar 13				

Adventures in Math and Science

New!

Class Fee: \$45 per child

Join us for a fun-filled journey to encourage the marvelous mathematician and savvy scientist in your child. Participants will take part in activities that include measurement, estimation, patterning, sequencing and simple addition and subtraction (relevant to the age of child enrolled). In addition, hands-on science activities will include investigating, observing, recording, describing, questioning and drawing conclusions. Parents will participate in weekly discussion which explores how to support math and science learning opportunities outside of the classroom.

Birth-5yrs	Tues	9-11am	DPW508-2	Dist Prog Ctr
(Apr 17-May 22)				
3-5yrs	Tues	12-2pm	CPW507-2	Central Park
(Apr 17-May 22)				

Just Grandma/Grandpa and Me

Class Fee: \$53 per child

Here is a great way for grandma and/or grandpa to have a special learning time with their grandchild(ren). This class is for grandparents who may be caring for grandchild(ren) full-time, part-time or just wanting to have weekly time with their grandchild. In this class children will benefit from fun learning activities in art, music, math, early literacy and motor development.

Birth-5yrs	Fri	11-12:30pm	CPW703-5	Central Park
(Jan 27-Mar 30) No class Mar 9, 16				
Birth-5yrs	Fri	11-12:30pm	CPW704-5	Central Park
(Apr 13-May 25)				

Parent and Child Activity Classes...

Building Blocks for School Success

Class Fee: \$61 per child

Begin building the foundation for school success with your 3-5 year old in this exciting parent and child activity class. We will focus on activities that provide essential school readiness skills in math, early literacy, science, music and motor development. Take home ideas included!

3-5yrs Thurs 5:30-7pm GCW701-4E Grey Cloud El.
(Jan 26-Mar 29) No class Mar 15
3-5yrs Thurs 5:30-7pm GCW702-4E Grey Cloud El.
(Apr 5-May 24)

Daddy and Me Night

Fathers play an important role in the healthy growth and development of young children. Spend some special time learning and playing with your child and meeting other dads and kids. Gym time, woodworking, cooking, art and science are just some of the many learning activities you and your child will enjoy.

Birth-5yrs Tues 5:30-7pm BEW711-2E Bailey Elem
(Jan 24-May 22) No class Feb 7, 21; Mar 13

Two's and Three's Little Learners

Enjoy this parent and child activity class for two and three year olds. Your child is rapidly learning about the world around them through play and interaction with others. In this class your child will broaden his or her discoveries and explorations through learning activities in music, art, motor, math and literacy. This is an activity only class and does not include a parent discussion time.

2-3yrs Thurs 6-7:30pm CPW705-4E Central Park
(Jan 26-May 26) No class Mar 15

A World of Music and Stories

Class Fee: \$39 per child

Explore the world of music together, reinforce musical concepts and musical literacy through singing, rhymes, creative movement, literature, listening, and making simple musical instruments. Each eight week session will offer a variety of different musical experiences based on seasonal themes or a popular children's book.

Grandfather Twilight, Twinkle Twinkle Little Star, Wonderful World, Hide and Snake...

Birth-5yrs Mon 3:30-4:30pm PVW707-1 Central Park
(Jan 23-Mar 26) No class Feb 20; Mar 12

Rumble in the Jungle, Commotion in the Ocean, Yellow Umbrella....

Birth-5yrs Mon 3:30-4:30pm PVW708-1 Central Park
(Apr 2-May 21)

Celebrating Saturdays Together

Class Fee: \$38 per child

Are you looking for a way to spend a relaxing Saturday morning with your child? This class is packed with activities focused around a monthly theme. Come and join us for what is sure to become a favorite family outing. You can play games designed to teach basic math and reading skills, use different medium for art projects, engage in dramatic play, listen to stories, sing songs, and participate in activities designed for fine and large motor skills.

Birth-7yrs Sat 10-11:30am CPW706-S Central Park

Date	Theme	Date	Theme
Feb 4	Valentine Hearts	Mar 3	Colors and Shapes
Apr 14	Farm Animals	May 5	What's in the Garden?

Young Parents

Class Fee: Free

A free parent and child class for parents in their teens and early 20's. The evening will start with a family dinner (provided by the Parent Advisory Council). Following dinner parents and children will explore classroom activities together. Then parents remain in the early childhood classroom for parent education and discussion, where parents learn more about baby care, managing time for yourself, relationships, finding helpful resources and share the joys and challenges of parenting with other young parents. Call 651-458-6636.

Birth-5yrs Tues 5:30-7pm DPW904-2E Dist Prog Ctr
(Jan 24-May 22) No class Feb 7, 21; Mar 13

Drop-In Playtime

Class Fee: \$4 per child or \$10 per family / per visit

A special time for you and your child to enjoy learning activities in music, art, large and small motor, early math, language and literature. Sure to become a weekly outing you and your child will look forward to. No preregistration is necessary.

No Drop-in Playtime: Mar 9, 16; Apr 6

Birth-5yrs	Fri	9-10:30am	Central Park
Birth-5yrs	Fri	9-10:30am	Dist Prog Ctr



Parents and Children Learning Together...



Spanish for Preschoolers

Class Fee: \$80 per child (12 weeks)

The best time to begin learning a second language is during the preschool years. In this class parents and children (ages 3-5yrs) learn Spanish together in a fun and interactive way. You and your child will learn through games, songs, storytelling and more, and discover the many benefits to learning a second language.

3-5yrs Sat 9:30-11am CPW710-S Central Park
(Jan 28-May 12) No class Mar 10, 17; Apr 7, 21

Library Storytime and Activity Hour

The Washington County Libraries and ECFE invite you to come for a FREE storytime and stay for creative story related parent and child activities. No preregistration is necessary.

Tues 10:30-11:30am Park Grove Library, Cottage Grove
Jan 3, Feb 7, Mar 6, Apr 3, May 1

Tues 6:30-7:30pm Stafford Library, Woodbury
Jan 17, Feb 21, Mar 20, Apr 17, May 15

Families Learning English Together

Parents and Children learn English together! This program begins with a fun parent and child time exploring early learning activities. Parents then attend a parenting education and information class. Following, parents attend a two hour basic and/or low intermediate English language level class while children attend a preschool class. In the preschool class children are engaged in music, art, motor, math and literacy activities that support English language learning and other school readiness skills. There is a small fee for the children's program while parents are in English Class. No one will be turned away for inability to pay. For more information or to register, call 651-768-2341 or 651-768-2347.

Birth-5yrs T/W/Th 11:45am-2:45pm DPW901-10 Dist Prog Ctr

Language Interpreter Services

If you or someone you know needs assistance in another language, in Cottage Grove call 651-458-6632 in Woodbury 651-768-5330.

Field Trips



Harold and the Purple Crayon

Children's Theatre

Friday, February 24

Event #FT5

\$13/person

One crayon. One character. Take a ride with Harold and his trusty crayon! This imaginative world premiere musical uses breathtaking animation and inventive puppetry to bring Harold's purple hued world to life. Produced by Seattle's Children's Theatre. Ticket must purchased for both child(ren) and adult(s) attending the field trip.

Register early to avoid cancellation of the field trip.

Deadline to register: Friday, January 11

Dist Prog Ctr Departs: 9am Returns: 1:20pm

Central Park Departs: 9:15am Returns: 1pm

Recipes for Fun

Goop

Mix together:

1 part cornstarch

1 part water

Food coloring (optional)

Is it a liquid or a solid? Put this on a cookie sheet or waxed paper and have fun!

Snow

Ivory Snow (laundry soap) powder

Water

Place Ivory Snow in a mixing bowl and begin to gradually add a little water; stir with electric mixer for several minutes until mixture resembles soft fluffy snow.

Use for finger painting, brush painting, or spatula painting.

(Caution students not to rub soapy fingers near eyes. Not suitable for young toddlers.)

Froot Loop Sand

Froot Loops cereal

Food processor or rolling pin

Construction paper

Glue stick

Make Froot Loop Sand by crushing Froot Loops cereal in a food processor or with a rolling pin. Rub the glue stick onto a piece of construction paper, then sprinkle the Froot Loop sand onto it. If your child dumps the sand onto the picture all at once, that's okay; just tip the picture onto another piece of paper and the excess will slide off. For variety, try using a clean, empty spice container to shake the Froot Loop sand onto the glue.

Additional Programs & Services...



Parenting Questions?

Parents of Newborns, Infants, Toddlers, Twos, Preschoolers

In addition to ECFE classes, our infant specialists and parent educators are available for private in-person or telephone consultation. Licensed early childhood teachers and parent educators are available to help with questions on parenting and child development. For more information, call 651-458-6632.

Early Childhood Screening

Early childhood screening is required by the State of MN for any child entering kindergarten in a public school and is free of charge. Screening is done between the ages of 3 and 4, this is a quick and simple check of how your child is growing and developing. It can also detect possible health or learning concerns early so children can get help before they start school.

Should I wait until my child is in kindergarten?

No, earlier is better! Waiting until a child is in school may be waiting too long. If your child is between the ages of 3 and 4, please call the South Washington County School District at 651-768-4822 or go onto our website @ www.sowashco.k12.mn.us/Parents/EarlyChildhoodScreening to set up an appointment.

Do you have concerns about the development of your child...ages birth-3?

There may be services available to your child and family!

Help Me Grow is a free service available to families having concerns about their child's development.
www.MNParentsKnow.info or 1-866-693-4769 (GROW)

Children With Special Needs

We welcome all children from birth to age five. If your child has special needs and you wish to participate in a ECFE class, we are here to offer you information and education on parenting and child development. Please call 651-458-6636.

Home Visiting Program

You may want to learn more about your child's development, try new child guidance techniques, ask about methods of discipline, or find out about family resources in your community. Our teachers can help you create a plan to reach your goals. If you are not able to attend classes, or if you attend classes and would like more parenting information and/or support, a licensed early childhood teacher or parent educator is available for private home and/or phone consultation, information and education. Call 651-458-6636.

Teen Parenting Programs

Free, weekly classes are available for pregnant or parenting mothers and fathers in their teen years. Classes are available at Park, Woodbury or East Ridge High Schools. Home visits are also available for teen parents in the district who are looking for information and parenting education. For current class times and locations or more information, call 651-458-6636.

Family, Friends & Neighbors (FFN)

Drop-In Playtime

If you are a non-licensed child care provider, caring for a family member's, friend's or neighbor's child(ren) birth to age five, there are opportunities for you. Join other adults and young children on Friday mornings for ECFE Drop-In Playtime classes (see pg 6 for "Drop-In class description"). Free for FFN providers. Call 651-458-6636.

Preschool Enrichment Classes

Join us this winter for adventures in learning for 3½-5 year olds. There will be a variety of classes to entertain your child. More details and registration materials will be in the Winter Community Education Catalog delivered to your home by January 1st or call 651-458-6600 for more information.

Minnesota Parents Know

<http://MNParentsKnow.info>

A trusted website for parents from the Minnesota Department of Education, offering A-Z parenting topics and other resources.

Activity Center Birthday Parties

Looking for a fun way to celebrate your child's birthday? The Activity Center birthday parties have a sport theme inflatable jumper and a variety of activities. Available Saturdays & Sundays at Park & East Ridge High Schools Find all the fun details by clicking "Birthday Parties" under the Facility Use tab at www.cecool.com or call 651-458-6611 for details and availability.

ECFE/SR Advisory Council...

Have Fun...Get Involved...Become a Member

The Early Childhood Family Education and School Readiness Advisory Council is for all parents. The Council provides rich opportunities for involvement in program development, evaluation, outreach efforts, program needs, fundraising and special events. Council meetings are held the third Thursday of each month. (Child care is provided.) The council also serves as an advocate for the ECFE and School Readiness programs at the Minnesota Legislature. If you'd like to get involved, call Jane Scully, ECFE Manager at 651-458-6625.

11-12 Officers

President.....Kim Barnes
Vice President.....Sarah Craig
Secretary.....Liz Willard
Treasurer.....Kara Rowan

Members

Leigh Ann Ahmad, Kim Barnes, William Braun, Andrea Clark, Sarah Craig, Sujata Naik, Troy Porcello, Kara Rowan, Jeannie Symicek, Katie Viesselman, Liz Willard



ECFE/School Readiness Family Picnic

Red Rock Elementary, 3331 Commonwealth Ave., Woodbury
Friday, May 18 5:30-7:30pm
No fee or registration needed

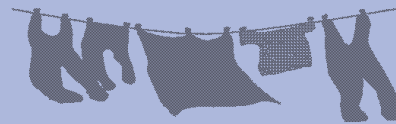
Bring your own picnic dinner and blanket and don't forget your teddy bear. Your feet will begin to move along with the music from the Teddy Bear Band. There will be plenty to do with the outdoor playground, bouncers, and other fun activities. Enjoy time with your ECFE family and friends. If weather does not allow us to be outdoors, the picnic will be held in the gym at Red Rock Elementary. Sponsored by Early Childhood Family Education/School Readiness and the Advisory Council.

ECFE Advisory Council Garage Sale

Saturday, April 21

9am-12pm

Cottage Grove Middle School
9775 Indian Blvd, Cottage Grove



The annual ECFE children's garage sale offers clothing, books, toys, furniture and equipment. Participating in this popular community event is a great way to clean out your closets and discover new treasures. You can buy, sell or donate! Watch for more information on how to participate at www.cecool.com, ECFE/School Readiness Annual Garage Sale.

Volunteer for Advisory Council Events

Volunteering can be a rewarding opportunity to give back to the program. You do not need to be a council member to help with one or more of our many council events. Volunteer for the book fair, monster mash, expo, garage sale or staff luncheon. If you are interested in helping out call 651-458-6632.

Site Based Management Team

The Early Childhood Family Education and School Readiness Programs have three volunteer parents on the Site Based Management Team. This is a joint parents and staff committee that provides valuable insight and direction into our programs and services.

Recycling Fundraiser

We now accept the following items: **Cell Phones** (no accessories), **Ink Jet Cartridges** (Small ones that fit in the palm of your hand), **Laptop Computers only** (no accessories), **MP3 Players** (ONLY: Apple iPod, Microsoft Zune, Sandisk or Creative.), **Digital Cameras, Digital Video Cameras, Handheld Game Systems** (ONLY: Sony PSP, Nintendo DS lite or original, Nintendo Gameboy Advance or Color.) Items can be dropped off at District Program Center, Central Park or Valley Crossing sites listed on back cover.

Help the Advisory Council help the children Give to ECFE and School Readiness

By making a monetary donation, you can help us to purchase classroom equipment and materials, support continued education of teachers, or create scholarships. Check with your employer to see if they offer matching funds for charitable contributions. Call 651-458-6625 for more details.

School Readiness Preschool Classes for 3-5 year olds



Our Teachers

Classes are taught by experienced professional, Minnesota State licensed early childhood teachers.

Parent Involvement

Children do better in school when their parents are involved. We offer a variety of flexible options for parents to participate in their child's education, including parent and child field trips, classroom events, classroom volunteers, parenting workshops and take home learning activities.

Parent and Child Classes

Some of our classes include a weekly parent and child class, which includes a parent and child activity time along with a parent education and discussion time. Help your child become successful by exploring parent discussion topics that focus on kindergarten readiness, literacy, discipline, friendship, independence and other developmental issues.



Head Start

Head Start is a Washington County full-service program for preschool children and their families. Head Start primarily serves three and four year olds from low-income families. Some agencies also provide a program for infants, toddlers and pregnant mothers, called Early Head Start. The overall goal of Head Start is to help young children be ready for school. Head Start services include education, health, nutrition, mental health and social services. Parents also learn how to use available resources to meet family needs and become self-sufficient. For more information and to obtain an application call the Anoka/Washington County Head Start program at 763-783-4300.



Preschool Classes

Our program is designed to help children learn the skills necessary for success in kindergarten and beyond in a caring and age appropriate learning environment. Children will interact with others in small and large groups and have individual as well as group learning experiences in math, language and literacy, music, art and science.

Class Registration 2012-2013

Class registration information for classes beginning Fall of 2012 will be available in February, 2012. Look for the District 833 Preschool Programs brochure in the mail or visit us online at www.cecool.com, Early Childhood, School Readiness/Preschool.

Class Locations

Classes are held in the following elementary schools: Armstrong, Bailey, Cottage Grove, Grey Cloud, Hillside, Liberty Ridge, Pine Hill, Royal Oaks and Woodbury Elementary. Classes are also offered at the District Program Center in Cottage Grove and Central Park and Valley Crossing in Woodbury.

Class Information/Fees

Tuition is on a sliding fee scale based on family size and income making it possible for all families to participate.

Transportation

Transportation is available for 4-5's preschool classes in elementary schools on kindergarten and kindergarten through grade 5 buses. For transportation services, your child must live or attend child care in the school attendance area of the elementary preschool class for which they are registered.

For more information, call 651-458-6374 or go to www.cecool.com, Early Childhood, School Readiness/Preschool. Enjoy our printable monthly activity calendars which feature daily learning activities for you and your preschool age child.

Community Education Parenting and Adult Enrichment...

For dates and times, visit www.cecool.com

Mean Girls and Boys: What Parents and Kids Can Do to Stop Bullying

Has your child come home sad and distraught because a peer was mean? It's painful to watch your child suffer from the taunts of another child. Discover how to empower your child! Learn 14 strategies that you can teach your child.

Key Strategies for Reducing Power Struggles with Your Kids

Whether your child is 3 or 13, you can get locked into power struggles that often result in angry exchanges. You lock in, your child locks in and no one "wins". Find solutions to work through 11 common power struggles to bring you more cooperation child.

Make Your Own Baby Food

Give Your Child a Better Product AND Save Money. See class description in the Winter, 2012 Community Education catalog.

Parents Night Out

Friday, December 16th, 6-9 p.m. at Crestview; Friday, February 3rd, 6-9 p.m. at Royal Oaks and Friday, April 13th, 6-9 p.m. at Crestview. Ages 3-12 welcome. Cost is \$12 per child.

Yours, Mine and Ours: Essentials for Blended Family Success

If you are experiencing the joy and stress of combining households, we can help! There is nothing easy about managing the natural emotions that occur with the transition to a blended family. Learn from an educator who has lived it. Understand the keys to reduce conflict and greatly increase your family's well being.

Autism - New Parent Support Group

Don't go it alone! Together we'll learn about and share the challenges and victories of raising and working with children with ASD. Group meets monthly on the first Wednesday of each month from 6:30 - 8:30 p.m. at East Ridge HS in Woodbury.

ADHD - Free Parent Support Group

Open to K-12 parents and teachers raising and working with children with ADHD. Call 651-768-6607 leave your name and phone number. Group meets the second Monday of each month beginning September 13, 6:30-8:00 p.m. at ERHS.

Infant & Child CPR

Be prepared in the event of an emergency. Learn skills for rescue breathing, obstructed airway, and CPR procedures for infants (newborn to age 1) and children (age 1-12).

L.E.A.N. Start - Empowering Parents and Caregivers to Raise Happy, Healthy Children and Families

L.E.A.N. stands for Lifestyle, Exercise, Attitude and Nutrition. Discover the practical building blocks that will help you create a lifetime of health for you and your children. Learn easy-to-follow methods in this fun energizing workshop.

Writing Your Own Will

Who would raise your children if you died? Who would inherit your property? Without a will, a judge makes the decisions. Prepare a complete legal will during class.

Online Classes! Available 24/7

Topics range from parenting to computers, writing, personal development, and more. Visit www.ed2go.com/cecool.

Visit our newly designed website for full class details and registration information at www.cecool.com or call 651-458-6600 x 0.

Swimming

Parents: Please make sure your children learn how to swim. Starting in 6th grade, children are required to have swim units in their phy-ed classes. You will be making an investment in your child's safety for their whole life.

Preschoolers Learn to Swim

Swimming lessons are offered for your preschool child at Oltman and Lake Middle Schools. Classes run 8 weeks and are 25 minutes long. Children have fun working in small groups of 2-4 students per instructor on water adjustment, floating, basic stroke movements and safety rules. Winter Classes begin the week of January 3rd.

Family Swim Fun

Every Friday night is designated as Family Swim Night at Cottage Grove and Lake Junior High from 6:30-8:30pm. You can play water basketball, jump or dive off the boards, try out the fins, or just get some great exercise swimming in our lap lane. Admission is \$3 for adults and \$2 for children.

For more information, visit www.cecool.com or call 651-458-6610.

How to Register...

1. Selecting Classes

List multiple choices

When selecting a class, providing a second and third choice increases your chances of getting into a class.

Daytime class limits

Due to limited space, you may only register for one daytime class with parent education per child.

2. Determining Fees

Class/Sibling Care Fees

If the fee is not included with course description, use the adjacent table to determine fee.



Fee Assistance

If you need to make additional arrangements regarding your payment, please contact your site office. No district family will be denied participation due to inability to pay.

3. Policies & Info

Expecting a Child?

If you are expecting a child who you intend to enroll in a class or sibling care, please check box on registration pg so we can make accommodations for them when they arrive.

Parent Attendance

Parent(s) or relatives who are registered for a class are required to attend all classes with their child. Other adults can attend a class in place of the registered parent or relative for a maximum of three times per semester.

Class Confirmation

We will call you by Dec 7, if you do not get your first choice. **Confirmation letters will be mailed on December 12th.**

Cancelling Registrations

Before class begins - \$5 Fee
After 1st class - 75% refund
After 2nd class - 50% refund
After 3rd class - No refund

3. Policies Cont.

Canceled Classes

Classes and sibling care with insufficient enrollment will be canceled one week prior to the class start date.

Sibling Care

Sibling care is provided for most daytime parent/child classes. Sibling care is not available for evening classes (except Tuesday's at Central Park), child only preschool classes or as a drop in.

Siblings under 8 weeks may stay with parents in classroom. Sometime between the age of 8-12 weeks children begin to transition into sibling care. All other siblings must be registered for the full semester.

Sibling care has a 2-3 child min. enrollment requirement. If minimum is not met siblings may be asked to attend class with parent and child where space allows or sibling care may be canceled.

For sibling care on a one time basis, please call at least one day in advance to check availability. Fee is \$3 per hour per child.

Winter/Spring Semester Fees

Gross Annual Income	Class Fee	Sibling Care
\$200,000+	\$214	\$103
\$150,000-199,999	\$189	\$92
\$100,000-149,999	\$165	\$86
\$75,000-99,999	\$135	\$68
\$50,000-74,999	\$103	\$49
\$35,000-49,999	\$ 73	\$37
\$25,000-34,999	\$ 56	\$24
\$15,000-24,999	\$ 37	\$18
\$10,000-14,999	\$ 18	\$12
\$0-9,999	\$ 12	\$ 7

Out of District Residents

please add a one-time fee of \$15 to class fee.
(Does not apply to residents of District 834 registering in a class beginning with a P or V)

4. Registration Dates & Procedures

Online Registration

Online registration will only be available through January 9. Registration is available in person, by fax or mail until classes fill.

Forms & Payment

A completed registration form on pg 13, immunization form on pg 14 and payment are required at the time of registration. Incomplete forms will not be accepted.

Registration Processing

Registrations received by 4pm, Thursday, December 1st will be processed through a random drawing. Registration is ongoing until classes fill.

Non-District Residents

Stillwater, District 834
Families living in District 834 (Stillwater) may register for any P (Central Park) or V (Valley Crossing) classes by December 1st. For all other classes, you may register on or after December 20th.

Other non-district residents

Beginning December 20th, all classes will be available to non-district 833 families as space permits.

Non-District Resident Fee

Except for District 834 residents registering for P or V classes, all non-district registrations are assessed a fee of \$15 once per year. All non-district residents may use the sliding fee scale above.

5 Ways to Register

Online

www.cecool.com

Mail

ECFE
8400 East Point Douglas Rd
Cottage Grove, MN 55016

In -Person

8am-4pm at the Central Park and District Program Center Locations.

24 Hour Drop Box

District Program Center

Fax

651-458-6620

Immunization Forms...

Please include this form with your registration

Mail or fax a copy of your child's immunization records or complete the form below if you are registering your child for a class or sibling care. Fax: 651-458-6620. **If the immunizations are not provided, the registration will be returned to you.** Immunization files are not kept from year to year. State law requires immunizations upon enrolling in the ECFE and School Readiness programs. Parents may get a legal exemption from the law for medical reasons or conscientiously held beliefs. Call your doctor, clinic or health plan for information. Please fill in the MO/DAY/YR information. If your child received a combined shot such as DTP-Hib, write the date in all the boxes that apply.

Child's Name _____

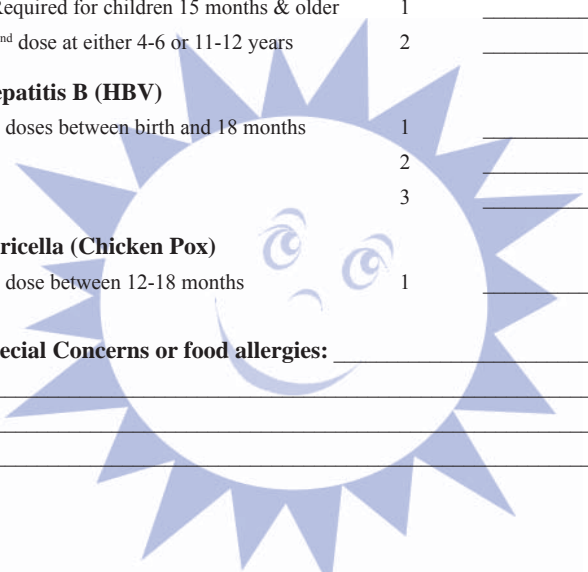
Diphtheria, Tetanus, Pertussis (DTP) Vaccine	MO/DAY/YR	Measles, Mumps, Rubella (MMR)	MO/DAY/YR
Indicate vaccine type: DTP, DT or DtaP _____	1 _____	<input type="checkbox"/> Required for children 15 months & older	1 _____
<input type="checkbox"/> 3 doses during 1 st year (at 1 month intervals) _____	2 _____	<input type="checkbox"/> 2 nd dose at either 4-6 or 11-12 years	2 _____
<input type="checkbox"/> 4 th dose at 12-18 months _____	3 _____		
<input type="checkbox"/> 5 th dose at 4-6 years or at school entrance _____	4 _____	Hepatitis B (HBV)	
	5 _____	<input type="checkbox"/> 3 doses between birth and 18 months	1 _____
			2 _____
Polio (OPV or IPV)			3 _____
<input type="checkbox"/> 3 doses at 1-18 months	1 _____	Varicella (Chicken Pox)	
<input type="checkbox"/> 4 th dose at 4-6 years or at school entrance	2 _____	<input type="checkbox"/> 1 dose between 12-18 months	1 _____
	3 _____		
	4 _____	Special Concerns or food allergies: _____	

Haemophilus Influenza type b(HIB)		_____	
<input type="checkbox"/> 3-4 doses for children 1-15 months	1 _____		
<input type="checkbox"/> Not required for children 5 years or older	2 _____		
	3 _____		
	4 _____		

Child's Name _____

Diphtheria, Tetanus, Pertussis (DTP) Vaccine	MO/DAY/YR	Measles, Mumps, Rubella (MMR)	MO/DAY/YR
Indicate vaccine type: DTP, DT or DtaP _____	1 _____	<input type="checkbox"/> Required for children 15 months & older	1 _____
<input type="checkbox"/> 3 doses during 1 st year (at 1 month intervals) _____	2 _____	<input type="checkbox"/> 2 nd dose at either 4-6 or 11-12 years	2 _____
<input type="checkbox"/> 4 th dose at 12-18 months _____	3 _____		
<input type="checkbox"/> 5 th dose at 4-6 years or at school entrance _____	4 _____	Hepatitis B (HBV)	
	5 _____	<input type="checkbox"/> 3 doses between birth and 18 months	1 _____
			2 _____
Polio (OPV or IPV)			3 _____
<input type="checkbox"/> 3 doses at 1-18 months	1 _____	Varicella (Chicken Pox)	
<input type="checkbox"/> 4 th dose at 4-6 years or at school entrance	2 _____	<input type="checkbox"/> 1 dose between 12-18 months	1 _____
	3 _____		
	4 _____	Special Concerns or food allergies: _____	

Haemophilus Influenza type b(HIB)		_____	
<input type="checkbox"/> 3-4 doses for children 1-15 months	1 _____		
<input type="checkbox"/> Not required for children 5 years or older	2 _____		
	3 _____		
	4 _____		



Class Schedule by Site.....

Central Park 8595 Central Park Place, Woodbury

Monday

Toddlers	16-28mo	CPW101-1	9am
Twos	30-36mo	CPW203-1	9am
Toddlers	22-34mo	CPW109-1	11am
World Music	Birth-5yrs	PVW707-1	3:30pm
World Music	Birth-5yrs	PVW708-1	3:30pm
Multi-Age	Birth-5yrs	PVW504-1E	6pm
Infants NS	Birth-16mo	PVW008-1E	6pm

Tuesday

Infants NS	Birth-12mo	CPW001-2	9am
Twos	24-36mo	PVW202-2	9am
Twos	30-36mo	CPW206-2	9am
Infants NS	10-16mo	CPW003-2	11am
NutureShock	3-5yrs	CPW506-2	12pm
Adventures	3-5yrs	CPW507-2	12pm
Multi-Age	Birth-5yrs	CPW502-2	3pm
Toddlers NS	12-34mo	PVW113-2E	6pm
Twos	24-36mo	PVW208-2E	6pm

Wednesday

Toddlers	16-28mo	CPW102-3	9am
Twos	24-36mo	CPW209-3	9am
Toddlers	22-34mo	PVW110-3	11am

Thursday

Infants NS	10-16mo	CPW004-4	9am
Multi-Age	Birth-5yrs	CPW503-4	9am
Little Learners	2-3yrs	CPW705-4E	6pm
Baby Massage 3wk	Birth-9mo	CPW010-4E	6:30pm

Friday

Infants NS	10-16mo	CPW005-5	9am
Toddlers	16-28mo	CPW104-5	9am
Drop-In Playtime	Birth-5yrs		9am
Infants NS	4-10mo	PVW002-5	11am
Toddlers	16-28mo	PVW105-5	11am
Grandma/pa & Me	Birth-5yrs	CPW703-5	11am
Grandma/pa & Me	Birth-5yrs	CPW704-5	11am

Saturday

Spanish	3-5yrs	CPW710-S	9:30am
Celebrating Saturdays	Birth-7yrs	CPW706-S	10am

Bailey Elementary 4125 Woodlane Dr, Woodbury

Tuesday

Dads	Birth-5yrs	BEW711-2E	5:30pm
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Grey Cloud Elementary 9525 Indian Blvd S, Cottage Grove

Thursday

Building Blocks	3-5yrs	GCW701-4E	5:30pm
Building Blocks	3-5yrs	GCW702-4E	5:30pm

District Program Center 8400 E Point Douglas Rd S, Cottage Grove

Monday

Twos	24-36mo	DPW201-1	9am
Toddlers NS	16-28mo	DPW112-1E	5:30pm

Tuesday

Twos	30-36mo	DPW207-2	9am
NutureShock	Birth-5yrs	DPW501-2	9am
Adventures	Birth-5yrs	DPW508-2	9am
Infants NS	Birth-14mo	DPW006-2	2pm
Infants NS	Birth-14mo	DPW007-2	2pm
Young Parents	Birth-5yrs	DPW904-2E	5:30pm
Multi-Age	Birth-5yrs	DPW505-2E	6pm

Thursday

Toddlers	16-34mo	DPW108-4	9am
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Friday

Drop-In Playtime	Birth-5yrs		9am
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Valley Crossing Community School 9900 Park Crossing, Woodbury

Wednesday

Toddlers	22-34mo	VCW111-3	9am
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Friday

Twos	24-36mo	VCW204-5	9:30am
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*NS indicates a non-separating class with parent discussion.



ECFE/School Readiness Family Picnic

Friday May 18 5:30-7:30pm
Red Rock Elementary
3331 Commonwealth Ave., Woodbury

Bring your own picnic dinner and blanket and enjoy music from the Teddy Bear Band, outdoor playground, bouncers, and other activities. Enjoy time with your ECFE family and friends. If weather does not allow us to be outdoors, picnic will be held in the gym at Red Rock. No fee or registration needed.



ECFE Advisory Council Garage Sale

Saturday, April 21, 9am-12pm
Cottage Grove Middle School, 9775 Indian Blvd, Cottage Grove

The annual ECFE children's garage sale offers clothing, books, toys, furniture and equipment. Participating in this popular community event is a great way to clean out your closets and discover new treasures. You can buy, sell or donate! Watch for more information on how to participate at www.cecool.com, ECFE/School Readiness Annual Garage Sale.



District Program Center Playground, Cottage Grove

Site Locations...

Bailey Elementary

4125 Woodlane Drive
Woodbury, MN 55129
651-458-6632

Central Park

8595 Central Park Place
Suite 106
Woodbury, MN 55125
651-768-5330

District Program Center

8400 E. Point Douglas Road S.
Cottage Grove, MN 55016
651-458-6632

Grey Cloud Elementary

9525 Indian Blvd S
Cottage Grove, MN 55016
651-458-6632

Valley Crossing

9900 Park Crossing
Woodbury, MN 55125
651-768-5330

Office Hours

Mon-Fri, 8am-4pm
All information in this brochure
is subject to change.

Visit our web site www.cecool.com

