

GYMNASTICS

The focus of our program is to provide a safe environment to create gymnasts through respect, confidence, self-awareness, strength, and flexibility.

Please register according to your child's ability level.

Please visit our website at www.cecool.com for course schedules. If you have specific questions on levels/skills, please contact one of the coaches below.



Please contact Coach Maria Ortiz at mortiz@sowashco.org for classes held at Park High School.



Please contact Coach Julie Dornseif (651) 304-0808 or jdornsei@sowashco.org for classes held at Woodbury High School.



Please contact Coach Caroline Urgo at curgo0@sowashco.org for classes held at East Ridge High School.

Registration is due one week before the session begins. This will allow for staff to review rosters and employ adequate number of instructors so we can provide a safe coach/student ratio.

If you are requesting Financial Assistance please submit your forms along with your registration **TWO weeks** at the latest before the session starts.

Park High School Gymnastics Center-8040 80th Street South , Cottage Grove, MN

- Enter through Door 12 near the stadium.
 - Parent/Child, Pre-school, School Age, Pre-Competitive, Adapted, Private, and High School Workouts

Woodbury High School Gymnastics Center - 2665 Woodlane Drive , Woodbury, MN

- Enter through the South Entrance in the rear of the school. Go down the stairs to the gymnastics room.
 - Parent/Child, Pre-school, School Age, Pre-Competitive, Private, and High School Workouts

East Ridge High School Gymnastics Center-4200 Pioneer Drive, Woodbury, MN

- Enter through the Activities Entrance and follow the first hallway on the right to the gymnastics room.
 - Pre-school, School Age, Private, Pre-Competitive, High School Workouts

Winter Session I

January 2 – February 23, 2019 – (PHS and WHS) Registration Deadline 12/26/18

January 8 – February 23, 2019 – (ERHS) Registration Deadline 12/26/18

Winter Session II

February 25 – April 27, 2019 – (PHS, WHS, ERHS) Registration Deadline 2/18/19

East Ridge High School Gymnastics Winter I

Section	Course	Days	Building/Room	Start Date	End Date	Start Time	End Time	Prices
EG2105	Gymnastics Level 1	Fri	East Ridge High School/ Gymnastics	01/11/2019	02/22/2019	6:30 PM	7:15 PM	\$77.00
EG2107	Gymnastics Level 2	Fri	East Ridge High School/ Gymnastics	01/11/2019	02/22/2019	7:30 PM	8:30 PM	\$77.00
EG2101	Gymnastics Parent Child Class	Fri	East Ridge High School/ Gymnastics	01/11/2019	02/22/2019	6:30 PM	7:15 PM	\$77.00
EG2103	Gymnastics Preschool Class	Fri	East Ridge High School/ Gymnastics	01/11/2019	02/22/2019	6:30 PM	7:15 PM	\$77.00
EG2112	Gymnastics for Dancers	Mon	East Ridge High School/ Gymnastics	01/14/2019	02/18/2019	6:15 PM	7:15 PM	\$55.00
EG2104	Gymnastics Level 1	Mon	East Ridge High School/ Gymnastics	01/14/2019	02/18/2019	6:30 PM	7:15 PM	\$55.00
EG2106	Gymnastics Level 2	Mon	East Ridge High School/ Gymnastics	01/14/2019	02/18/2019	7:30 PM	8:30 PM	\$55.00
EG2110	Gymnastics MAGA Team 1	Mon, Tue, Fri	East Ridge High School/ Gymnastics	01/08/2019	02/22/2019	6:30 PM	8:30 PM	\$323.00 \$161.50 \$252.00
EG2108	Gymnastics Level 3	Tue	East Ridge High School/ Gymnastics	01/08/2019	02/19/2019	7:15 PM	8:30 PM	\$77.00
EG2109	Gymnastics Level 4	Tue	East Ridge High School/ Gymnastics	01/08/2019	02/19/2019	6:45 PM	8:15 PM	\$77.00
EG2102	Gymnastics Preschool Class	Tue	East Ridge High School/ Gymnastics	01/08/2019	02/19/2019	6:30 PM	7:15 PM	\$77.00
EG2111	Gymnastics MAGA Team 2	Tue, Fri	East Ridge High School/ Gymnastics	01/08/2019	02/22/2019	6:30 PM	8:30 PM	\$252.00 \$161.50

Park High School Gymnastics Winter I

Section	Course	Days	Building/Room	Start Date	End Date	Start Time	End Time	Prices
PG2116	Gymnastics Level 1	Fri	Park High School/Gymnastics	01/04/2019	02/22/2019	6:00 PM	7:00 PM	\$88.00
PG2125	Gymnastics Level 2	Fri	Park High School/Gymnastics	01/04/2019	02/22/2019	6:00 PM	7:00 PM	\$88.00
PG2140	Gymnastics Open Gym	Fri	Park High School/Gymnastics	01/11/2019	01/11/2019	7:00 PM	9:00 PM	\$10.00
PG2141	Gymnastics Open Gym	Fri	Park High School/Gymnastics	01/25/2019	01/25/2019	7:00 PM	9:00 PM	\$10.00
PG2142	Gymnastics Open Gym	Fri	Park High School/Gymnastics	02/01/2019	02/01/2019	7:00 PM	9:00 PM	\$10.00
PG2143	Gymnastics Open Gym	Fri	Park High School/Gymnastics	02/08/2019	02/08/2019	7:00 PM	9:00 PM	\$10.00
PG2144	Gymnastics Open Gym	Fri	Park High School/Gymnastics	02/15/2019	02/15/2019	7:00 PM	9:00 PM	\$10.00
PG2145	Gymnastics Open Gym	Fri	Park High School/Gymnastics	02/22/2019	02/22/2019	7:00 PM	9:00 PM	\$10.00
PG2146	Gymnastics Open Gym	Fri	Park High School/Gymnastics	01/11/2019	02/22/2019	7:00 PM	9:00 PM	\$50.00
PG2107	Gymnastics Preschool Class	Fri	Park High School/Gymnastics	01/04/2019	02/22/2019	6:00 PM	6:45 PM	\$88.00
PG2136	Gymnastics for Boys	Mon	Park High School/Gymnastics	01/14/2019	02/18/2019	7:00 PM	8:00 PM	\$55.00
PG2108	Gymnastics Level 1	Mon	Park High School/Gymnastics	01/14/2019	02/18/2019	6:00 PM	7:00 PM	\$55.00
PG2109	Gymnastics Level 1	Mon	Park High School/Gymnastics	01/14/2019	02/18/2019	7:00 PM	8:00 PM	\$55.00
PG2117	Gymnastics Level 2	Mon	Park High School/Gymnastics	01/14/2019	02/18/2019	6:00 PM	7:00 PM	\$55.00
PG2118	Gymnastics Level 2	Mon	Park High School/Gymnastics	01/14/2019	02/18/2019	7:00 PM	8:00 PM	\$55.00
PG2126	Gymnastics Level 3	Mon	Park High School/Gymnastics	01/14/2019	02/18/2019	7:00 PM	8:30 PM	\$82.50
PG2103	Gymnastics Preschool Class	Mon	Park High School/Gymnastics	01/14/2019	02/18/2019	6:00 PM	6:45 PM	\$55.00
PG2130	Gymnastics MAGA Team	Mon, Tue	Park High School/Gymnastics	01/08/2019	02/19/2019	5:00 PM	8:00 PM	\$297.00 \$148.50
PG2133	Gymnastics MAGA Team	Mon, Tue	Park High School/Gymnastics	01/08/2019	02/19/2019	5:30 PM	8:30 PM	\$297.00 \$148.50
PG2131	Gymnastics MAGA Team	Mon, Tue, Wed	Park High School/Gymnastics	01/02/2019	02/20/2019	5:00 PM	8:00 PM	\$459.00 \$229.50
PG2134	Gymnastics MAGA Team	Mon, Tue, Wed	Park High School/Gymnastics	01/02/2019	02/20/2019	5:30 PM	8:30 PM	\$459.00 \$229.50
PG2132	Gymnastics MAGA Team	Mon, Tue, Wed, Thu	Park High School/Gymnastics	01/02/2019	02/21/2019	5:00 PM	8:00 PM	\$552.00 \$276.00

PG2135	Gymnastics MAGA Team	Mon, Tue, Wed, Thu	Park High School/Gymnastics	01/02/2019	02/21/2019	5:30 PM	8:30 PM	\$552.00 \$276.00
PG2139	Gymnastics for Boys	Thu	Park High School/Gymnastics	01/03/2019	02/21/2019	7:00 PM	8:00 PM	\$55.00
PG2114	Gymnastics Level 1	Thu	Park High School/Gymnastics	01/03/2019	02/21/2019	6:00 PM	7:00 PM	\$55.00
PG2115	Gymnastics Level 1	Thu	Park High School/Gymnastics	01/03/2019	02/21/2019	7:00 PM	8:00 PM	\$55.00
PG2123	Gymnastics Level 2	Thu	Park High School/Gymnastics	01/03/2019	02/21/2019	6:00 PM	7:00 PM	\$55.00
PG2124	Gymnastics Level 2	Thu	Park High School/Gymnastics	01/03/2019	02/21/2019	7:00 PM	8:00 PM	\$55.00
PG2129	Gymnastics Level 4	Thu	Park High School/Gymnastics	01/03/2019	02/21/2019	6:00 PM	8:00 PM	\$110.00
PG2106	Gymnastics Preschool Class	Thu	Park High School/Gymnastics	01/03/2019	02/21/2019	6:00 PM	6:45 PM	\$55.00
PG2137	Gymnastics for Boys	Tue	Park High School/Gymnastics	01/08/2019	02/19/2019	7:00 PM	8:00 PM	\$77.00
PG2110	Gymnastics Level 1	Tue	Park High School/Gymnastics	01/08/2019	02/19/2019	6:00 PM	7:00 PM	\$77.00
PG2111	Gymnastics Level 1	Tue	Park High School/Gymnastics	01/08/2019	02/19/2019	7:00 PM	8:00 PM	\$77.00
PG2119	Gymnastics Level 2	Tue	Park High School/Gymnastics	01/08/2019	02/19/2019	6:00 PM	7:00 PM	\$77.00
PG2120	Gymnastics Level 2	Tue	Park High School/Gymnastics	01/08/2019	02/19/2019	7:00 PM	8:00 PM	\$77.00
PG2128	Gymnastics Level 4	Tue	Park High School/Gymnastics	01/08/2019	02/19/2019	6:00 PM	8:00 PM	\$154.00
PG2104	Gymnastics Preschool Class	Tue	Park High School/Gymnastics	01/08/2019	02/19/2019	6:00 PM	6:45 PM	\$77.00
PG2138	Gymnastics for Boys	Wed	Park High School/Gymnastics	01/02/2019	02/20/2019	7:00 PM	8:00 PM	\$77.00
PG2112	Gymnastics Level 1	Wed	Park High School/Gymnastics	01/02/2019	02/20/2019	6:00 PM	7:00 PM	\$77.00
PG2113	Gymnastics Level 1	Wed	Park High School/Gymnastics	01/02/2019	02/20/2019	7:00 PM	8:00 PM	\$77.00
PG2121	Gymnastics Level 2	Wed	Park High School/Gymnastics	01/02/2019	02/20/2019	6:00 PM	7:00 PM	\$77.00
PG2122	Gymnastics Level 2	Wed	Park High School/Gymnastics	01/02/2019	02/20/2019	7:00 PM	8:00 PM	\$77.00
PG2127	Gymnastics Level 3	Wed	Park High School/Gymnastics	01/02/2019	02/20/2019	7:00 PM	8:30 PM	\$115.50
PG2105	Gymnastics Preschool Class	Wed	Park High School/Gymnastics	01/02/2019	02/20/2019	6:00 PM	6:45 PM	\$77.00

Woodbury High School Gymnsatics Winter I

Section	Course	Days	Building/Room	Start Date	End Date	Start Time	End Time	Prices
WG2126	Gymnastics Level 3	Fri	Woodbury High School/Gymnastics	01/04/2019	02/22/2019	5:45 PM	7:15 PM	\$132.00
WG2131	Gymnastics Level 4	Fri	Woodbury High School/Gymnastics	01/04/2019	02/22/2019	5:45 PM	7:45 PM	\$176.00
WG2142	Gymnastics for Boys	Mon	Woodbury High School/Gymnastics	01/14/2019	02/18/2019	6:45 PM	7:45 PM	\$55.00
WG2108	Gymnastics Level 1	Mon	Woodbury High School/Gymnastics	01/14/2019	02/18/2019	5:45 PM	6:45 PM	\$55.00
WG2109	Gymnastics Level 1	Mon	Woodbury High School/Gymnastics	01/14/2019	02/18/2019	6:45 PM	7:45 PM	\$55.00
WG2115	Gymnastics Level 2	Mon	Woodbury High School/Gymnastics	01/14/2019	02/18/2019	5:45 PM	6:45 PM	\$55.00
WG2116	Gymnastics Level 2	Mon	Woodbury High School/Gymnastics	01/14/2019	02/18/2019	6:45 PM	7:45 PM	\$55.00
WG2122	Gymnastics Level 3	Mon	Woodbury High School/Gymnastics	01/14/2019	02/18/2019	5:45 PM	7:15 PM	\$82.50
WG2128	Gymnastics Level 4	Mon	Woodbury High School/Gymnastics	01/14/2019	02/18/2019	5:45 PM	7:45 PM	\$110.00
WG2101	Gymnastics Preschool Class	Mon	Woodbury High School/Gymnastics	01/14/2019	02/18/2019	5:45 PM	6:30 PM	\$55.00
WG2102	Gymnastics Preschool Class	Mon	Woodbury High School/Gymnastics	01/14/2019	02/18/2019	6:30 PM	7:15 PM	\$55.00
WG2144	Gymnastics Private Lessons	Mon	Woodbury High School/Gymnastics	01/14/2019	02/18/2019	7:15 PM	8:15 PM	\$165.00
WG2145	Gymnastics Private Lessons	Mon	Woodbury High School/Gymnastics	01/14/2019	02/18/2019	7:45 PM	8:45 PM	\$165.00
WG2138	Royal Hot Shots I	Mon	Woodbury High School/Gymnastics	01/14/2019	02/18/2019	5:45 PM	7:45 PM	\$110.00
WG2135	Tiny Hot Shots	Mon	Woodbury High School/Gymnastics	01/14/2019	02/18/2019	5:45 PM	7:15 PM	\$82.50
WG2134	Gymnastics MAGA Team	Mon,Tue ,Fri,Sat	Woodbury High School/Gymnastics	01/04/2019	02/23/2019	9:00 AM	8:00 PM	\$624.00 \$312.00
WG2141	Royal Hot Shots II	Mon,Wed	Woodbury High School/Gymnastics	01/02/2019	02/20/2019	5:45 PM	7:45 PM	\$286.00
WG2114	Gymnastics Level 1	Sat	Woodbury High School/Gymnastics	01/05/2019	02/23/2019	9:45 AM	10:45 AM	\$77.00
WG2121	Gymnastics Level 2	Sat	Woodbury High School/Gymnastics	01/05/2019	02/23/2019	9:45 AM	10:45 AM	\$77.00
WG2127	Gymnastics Level 3	Sat	Woodbury High School/Gymnastics	01/05/2019	02/23/2019	9:45 AM	11:15 AM	\$115.50
WG2132	Gymnastics Level 4	Sat	Woodbury High School/Gymnastics	01/05/2019	02/23/2019	9:45 AM	11:45 AM	\$154.00
WG2157	Gymnastics Parent Child Class	Sat	Woodbury High School/Gymnastics	09/15/2018	11/03/2018	9:00 AM	9:45 AM	\$96.80
WG2106	Gymnastics Preschool Class	Sat	Woodbury High School/Gymnastics	01/05/2019	02/23/2019	9:00 AM	9:45 AM	\$77.00
WG2125	Gymnastics Level 3	Thu	Woodbury High School/Gymnastics	01/10/2019	02/21/2019	5:45 PM	7:15 PM	\$99.00

WG2130	Gymnastics Level 4	Thu	Woodbury High School/Gymnastics	01/10/2019	02/21/2019	5:45 PM	7:45 PM	\$132.00
WG2140	Royal Hot Shots I	Thu	Woodbury High School/Gymnastics	01/10/2019	02/21/2019	5:45 PM	7:45 PM	\$132.00
WG2110	Gymnastics Level 1	Tue	Woodbury High School/Gymnastics	01/08/2019	02/19/2019	5:45 PM	6:45 PM	\$77.00
WG2111	Gymnastics Level 1	Tue	Woodbury High School/Gymnastics	01/08/2019	02/19/2019	6:45 PM	7:45 PM	\$77.00
WG2117	Gymnastics Level 2	Tue	Woodbury High School/Gymnastics	01/08/2019	02/19/2019	5:45 PM	6:45 PM	\$77.00
WG2118	Gymnastics Level 2	Tue	Woodbury High School/Gymnastics	01/08/2019	02/19/2019	6:45 PM	7:45 PM	\$77.00
WG2123	Gymnastics Level 3	Tue	Woodbury High School/Gymnastics	01/08/2019	02/19/2019	5:45 PM	7:15 PM	\$115.50
WG2103	Gymnastics Preschool Class	Tue	Woodbury High School/Gymnastics	01/08/2019	02/19/2019	5:45 PM	6:30 PM	\$77.00
WG2104	Gymnastics Preschool Class	Tue	Woodbury High School/Gymnastics	01/08/2019	02/19/2019	6:30 PM	7:15 PM	\$77.00
WG2146	Gymnastics Private Lessons	Tue	Woodbury High School/Gymnastics	01/08/2019	02/19/2019	7:15 PM	8:15 PM	\$231.00
WG2147	Gymnastics Private Lessons	Tue	Woodbury High School/Gymnastics	01/08/2019	02/19/2019	7:45 PM	8:45 PM	\$231.00
WG2136	Tiny Hot Shots	Tue	Woodbury High School/Gymnastics	01/08/2019	02/19/2019	5:45 PM	7:15 PM	\$115.50
WG2150	Training Team MAGA	Tue,Fri	Woodbury High School/Gymnastics	01/04/2019	02/22/2019	5:00 PM	7:00 PM	\$270.00
WG2133	Gymnastics MAGA Team	Tue,Fri, Sat	Woodbury High School/Gymnastics	01/04/2019	02/23/2019	9:00 AM	8:00 PM	\$535.00 \$267.75
WG2143	Gymnastics for Boys	Wed	Woodbury High School/Gymnastics	01/02/2019	02/20/2019	6:45 PM	7:45 PM	\$88.00
WG2112	Gymnastics Level 1	Wed	Woodbury High School/Gymnastics	01/02/2019	02/20/2019	5:45 PM	6:45 PM	\$88.00
WG2113	Gymnastics Level 1	Wed	Woodbury High School/Gymnastics	01/02/2019	02/20/2019	6:45 PM	7:45 PM	\$88.00
WG2119	Gymnastics Level 2	Wed	Woodbury High School/Gymnastics	01/02/2019	02/20/2019	5:45 PM	6:45 PM	\$88.00
WG2120	Gymnastics Level 2	Wed	Woodbury High School/Gymnastics	01/02/2019	02/20/2019	6:45 PM	7:45 PM	\$88.00
WG2124	Gymnastics Level 3	Wed	Woodbury High School/Gymnastics	01/02/2019	02/20/2019	5:45 PM	7:15 PM	\$132.00
WG2129	Gymnastics Level 4	Wed	Woodbury High School/Gymnastics	01/02/2019	02/20/2019	5:45 PM	7:45 PM	\$176.00
WG2105	Gymnastics Preschool Class	Wed	Woodbury High School/Gymnastics	01/02/2019	02/20/2019	6:30 PM	7:15 PM	\$88.00
WG2148	Gymnastics Private Lessons	Wed	Woodbury High School/Gymnastics	01/02/2019	02/20/2019	7:15 PM	8:15 PM	\$264.00
WG2149	Gymnastics Private Lessons	Wed	Woodbury High School/Gymnastics	01/02/2019	02/20/2019	7:45 PM	8:45 PM	\$264.00
WG2139	Royal Hot Shots I	Wed	Woodbury High School/Gymnastics	01/02/2019	02/20/2019	5:45 PM	7:45 PM	\$176.00
WG2137	Tiny Hot Shots	Wed	Woodbury High School/Gymnastics	01/02/2019	02/20/2019	5:45 PM	7:15 PM	\$132.00