

GYMNASTICS

The focus of our program is to provide a safe environment to create gymnasts through respect, confidence, self-awareness, strength, and flexibility.
Please register according to your child's ability level.

Please visit our website at www.cecool.com for course schedules. If you have specific questions on levels/skills, please contact one of the coaches below.



Please contact Coach Maria Ortiz at mortiz@sowashco.org for classes held at Park High School.



Please contact Coach Julie Dornseif (651) 304-0808 or jdornsei@sowashco.org for classes held at Woodbury High School.



Please contact Coach Caroline Uργο at curgo0@sowashco.org for classes held at East Ridge High School.

Registration is due one week before the session begins. This will allow for staff to review rosters and employ adequate number of instructors so we can provide a safe coach/student ratio.

If you are requesting Financial Assistance please submit your forms along with your registration **TWO weeks** at the latest before the session starts.

Park High School Gymnastics Center-8040 80th Street South , Cottage Grove, MN

- Enter through Door 12 near the stadium.
 - Parent/Child, Pre-school, School Age, Pre-Competitive, Adapted, Private, and High School Workouts

Woodbury High School Gymnastics Center - 2665 Woodlane Drive , Woodbury, MN

- Enter through the South Entrance in the rear of the school. Go down the stairs to the gymnastics room.
 - Parent/Child, Pre-school, School Age, Pre-Competitive, Private, and High School Workouts

East Ridge High School Gymnastics Center-4200 Pioneer Drive, Woodbury, MN

- Enter through the Activities Entrance and follow the first hallway on the right to the gymnastics room.
 - Pre-school, School Age, Private, Pre-Competitive, High School Workouts

Winter Session II

February 25 – April 27, 2019 – (PHS, WHS, ERHS) Registration Deadline 2/18/19

Course Information East Ridge High School - No Class on March 11-16, April 19 and 20, 2019

Section	Course	Days	Building	Room	Start Date	End Date	Start Time	End Time	Prices
EG2206	Gymnastics Level 1	Mon	East Ridge High School	Gymnastics	02/25/2019	04/22/2019	6:15 PM	7:00 PM	\$88.00
EG2209	Gymnastics Level 2	Mon	East Ridge High School	Gymnastics	02/25/2019	04/22/2019	7:15 PM	8:15 PM	\$88.00
EG2211	Gymnastics Level 3	Mon	East Ridge High School	Gymnastics	02/25/2019	04/22/2019	5:15 PM	6:30 PM	\$88.00
EG2203	Gymnastics Preschool Class	Mon	East Ridge High School	Gymnastics	02/25/2019	04/22/2019	5:15 PM	6:00 PM	\$88.00
EG2207	Gymnastics Level 1	Tue	East Ridge High School	Gymnastics	02/26/2019	04/23/2019	6:30 PM	7:15 PM	\$88.00
EG2212	Gymnastics Level 3	Tue	East Ridge High School	Gymnastics	02/26/2019	04/23/2019	5:30 PM	6:45 PM	\$88.00
EG2213	Gymnastics Level 4	Tue	East Ridge High School	Gymnastics	02/26/2019	04/23/2019	7:00 PM	8:30 PM	\$88.00
EG2204	Gymnastics Preschool Class	Tue	East Ridge High School	Gymnastics	02/26/2019	04/23/2019	5:30 PM	6:15 PM	\$88.00
EG2217	Gymnastics for Cheerleaders	Wed	East Ridge High School	Gymnastics	02/27/2019	04/24/2019	7:30 PM	8:30 PM	\$88.00
EG2208	Gymnastics Level 1	Wed	East Ridge High School	Gymnastics	02/27/2019	04/24/2019	6:30 PM	7:15 PM	\$88.00
EG2201	Gymnastics Parent Child Class	Wed	East Ridge High School	Gymnastics	02/27/2019	04/24/2019	5:30 PM	6:15 PM	\$88.00
EG2216	Gymnastics for Dancers	Thu	East Ridge High School	Gymnastics	02/28/2019	04/25/2019	5:30 PM	6:30 PM	\$88.00
EG2210	Gymnastics Level 2	Thu	East Ridge High School	Gymnastics	02/28/2019	04/25/2019	7:30 PM	8:30 PM	\$88.00
EG2202	Gymnastics Parent Child Class	Thu	East Ridge High School	Gymnastics	02/28/2019	04/25/2019	6:30 PM	7:15 PM	\$88.00
EG2205	Gymnastics Preschool Class	Thu	East Ridge High School	Gymnastics	02/28/2019	04/25/2019	5:30 PM	6:15 PM	\$88.00
EG2214	Gymnastics MAGA Team 1	Mon,Tue, Thu	East Ridge High School	Gymnastics	02/25/2019	04/25/2019	6:30 PM	8:30 PM	\$408.00 \$204.00
EG2214	Gymnastics MAGA Team 1	Mon,Tue, Thu	East Ridge High School	Gymnastics	02/25/2019	04/25/2019	6:30 PM	8:30 PM	\$272.00 \$136.00
EG2218	Gymnastics High School Workouts	Tue,Thu	East Ridge High School	Gymnastics	04/02/2019	04/25/2019	3:30 PM	6:00 PM	\$180.00
EG2215	Gymnastics MAGA Team 2	Tue,Thu	East Ridge High School	Gymnastics	02/26/2019	04/25/2019	6:30 PM	8:30 PM	\$288.00 \$144.00

Course Information - Park High School - No Class on March 11-15, April 12, 13, 19 and 25, 2019.

Section	Course	Days	Building	Room	Start Date	End Date	Start Time	End Time	Prices
PG2236	Gymnastics for Boys	Mon	Park High School	Gymnastics	02/25/2019	04/22/2019	7:00 PM	8:00 PM	\$88.00
PG2208	Gymnastics Level 1	Mon	Park High School	Gymnastics	02/25/2019	04/22/2019	6:00 PM	7:00 PM	\$88.00
PG2209	Gymnastics Level 1	Mon	Park High School	Gymnastics	02/25/2019	04/22/2019	7:00 PM	8:00 PM	\$88.00
PG2217	Gymnastics Level 2	Mon	Park High School	Gymnastics	02/25/2019	04/22/2019	6:00 PM	7:00 PM	\$88.00
PG2218	Gymnastics Level 2	Mon	Park High School	Gymnastics	02/25/2019	04/22/2019	7:00 PM	8:00 PM	\$88.00
PG2226	Gymnastics Level 3	Mon	Park High School	Gymnastics	02/25/2019	04/22/2019	7:00 PM	8:30 PM	\$132.00
PG2203	Gymnastics Preschool Class	Mon	Park High School	Gymnastics	02/25/2019	04/22/2019	6:00 PM	6:45 PM	\$88.00
PG2237	Gymnastics for Boys	Tue	Park High School	Gymnastics	02/26/2019	04/23/2019	7:00 PM	8:00 PM	\$88.00
PG2210	Gymnastics Level 1	Tue	Park High School	Gymnastics	02/26/2019	04/23/2019	6:00 PM	7:00 PM	\$88.00
PG2211	Gymnastics Level 1	Tue	Park High School	Gymnastics	02/26/2019	04/23/2019	7:00 PM	8:00 PM	\$88.00
PG2219	Gymnastics Level 2	Tue	Park High School	Gymnastics	02/26/2019	04/23/2019	6:00 PM	7:00 PM	\$88.00
PG2220	Gymnastics Level 2	Tue	Park High School	Gymnastics	02/26/2019	04/23/2019	7:00 PM	8:00 PM	\$88.00
PG2228	Gymnastics Level 4	Tue	Park High School	Gymnastics	02/26/2019	04/23/2019	6:00 PM	8:00 PM	\$176.00
PG2201	Gymnastics Parent Child Class	Tue	Park High School	Gymnastics	02/26/2019	04/23/2019	5:00 PM	5:45 PM	\$88.00
PG2204	Gymnastics Preschool Class	Tue	Park High School	Gymnastics	02/26/2019	04/23/2019	6:00 PM	6:45 PM	\$88.00
PG2238	Gymnastics for Boys	Wed	Park High School	Gymnastics	02/27/2019	04/24/2019	7:00 PM	8:00 PM	\$88.00
PG2212	Gymnastics Level 1	Wed	Park High School	Gymnastics	02/27/2019	04/24/2019	6:00 PM	7:00 PM	\$88.00
PG2213	Gymnastics Level 1	Wed	Park High School	Gymnastics	02/27/2019	04/24/2019	7:00 PM	8:00 PM	\$88.00
PG2221	Gymnastics Level 2	Wed	Park High School	Gymnastics	02/27/2019	04/24/2019	6:00 PM	7:00 PM	\$88.00
PG2222	Gymnastics Level 2	Wed	Park High School	Gymnastics	02/27/2019	04/24/2019	7:00 PM	8:00 PM	\$88.00
PG2227	Gymnastics Level 3	Wed	Park High School	Gymnastics	02/27/2019	04/24/2019	7:00 PM	8:30 PM	\$132.00
PG2205	Gymnastics Preschool Class	Wed	Park High School	Gymnastics	02/27/2019	04/24/2019	6:00 PM	6:45 PM	\$88.00

PG2239	Gymnastics for Boys	Thu	Park High School	Gymnastics	02/28/2019	04/18/2019	7:00 PM	8:00 PM	\$88.00
PG2214	Gymnastics Level 1	Thu	Park High School	Gymnastics	02/28/2019	04/18/2019	6:00 PM	7:00 PM	\$77.00
PG2215	Gymnastics Level 1	Thu	Park High School	Gymnastics	02/28/2019	04/18/2019	7:00 PM	8:00 PM	\$77.00
PG2223	Gymnastics Level 2	Thu	Park High School	Gymnastics	02/28/2019	04/18/2019	6:00 PM	7:00 PM	\$77.00
PG2224	Gymnastics Level 2	Thu	Park High	Gymnastics	02/28/2019	04/18/2019	7:00 PM	8:00 PM	\$77.00
PG2229	Gymnastics Level 4	Thu	Park High School	Gymnastics	02/28/2019	04/18/2019	6:00 PM	8:00 PM	\$154.00
PG2202	Gymnastics Parent Child Class	Thu	Park High School	Gymnastics	02/28/2019	04/18/2019	5:00 PM	5:45 PM	\$77.00
PG2206	Gymnastics Preschool Class	Thu	Park High School	Gymnastics	02/28/2019	04/25/2019	6:00 PM	6:45 PM	\$77.00
PG2216	Gymnastics Level 1	Fri	Park High School	Gymnastics	03/01/2019	04/26/2019	6:00 PM	7:00 PM	\$66.00
PG2225	Gymnastics Level 2	Fri	Park High School	Gymnastics	03/01/2019	04/26/2019	6:00 PM	7:00 PM	\$66.00
PG2240	Gymnastics Open Gym	Fri	Park High School	Gymnastics	03/01/2019	03/01/2019	7:00 PM	9:00 PM	\$10.00
PG2241	Gymnastics Open Gym	Fri	Park High School	Gymnastics	03/08/2019	03/08/2019	7:00 PM	9:00 PM	\$10.00
PG2242	Gymnastics Open Gym	Fri	Park High School	Gymnastics	03/22/2019	03/22/2019	7:00 PM	9:00 PM	\$10.00
PG2243	Gymnastics Open Gym	Fri	Park High School	Gymnastics	03/29/2019	03/29/2019	7:00 PM	9:00 PM	\$10.00
PG2244	Gymnastics Open Gym	Fri	Park High School	Gymnastics	04/05/2019	04/05/2019	7:00 PM	9:00 PM	\$10.00
PG2245	Gymnastics Open Gym	Fri	Park High School	Gymnastics	04/26/2019	04/26/2019	7:00 PM	9:00 PM	\$10.00
PG2246	Gymnastics Open Gym	Fri	Park High School	Gymnastics	03/01/2019	04/26/2019	7:00 PM	9:00 PM	\$50.00
PG2207	Gymnastics Preschool Class	Fri	Park High School	Gymnastics	03/01/2019	04/26/2019	6:00 PM	6:45 PM	\$66.00
PG2247	Gymnastics High School Workouts	Mon,Tue	Park High School	Gymnastics	02/25/2019	04/23/2019	3:30 PM	6:00 PM	\$360.00
PG2230	Gymnastics MAGA Team	Mon,Tue	Park High School	Gymnastics	02/25/2019	04/23/2019	3:30 PM	6:30 PM	\$432.00 \$216.00
PG2233	Gymnastics MAGA Team	Mon,Tue	Park High School	Gymnastics	02/25/2019	04/23/2019	5:30 PM	8:30 PM	\$432.00 \$216.00
PG2248	Gymnastics High School Workouts	Mon,Tue, Wed	Park High School	Gymnastics	02/25/2019	04/24/2019	3:30 PM	6:00 PM	\$510.00
PG2231	Gymnastics MAGA Team	Mon,Tue, Wed	Park High School	Gymnastics	02/25/2019	04/24/2019	3:30 PM	6:30 PM	\$612.00 \$306.00
PG2234	Gymnastics MAGA Team	Mon,Tue, Wed	Park High School	Gymnastics	02/25/2019	04/24/2019	5:30 PM	8:30 PM	\$612.00 \$306.00
PG2249	Gymnastics High School Workouts	Mon,Tue, Wed,Thu	Park High School	Gymnastics	02/25/2019	04/24/2019	3:30 PM	6:00 PM	\$620.00

PG2232	Gymnastics MAGA Team	Mon,Tue, Wed,Thu	Park High School	Gymnastics	02/25/2019	04/24/2019	3:30 PM	6:30 PM	\$720.00 \$360.00
PG2235	Gymnastics MAGA Team	Mon,Tue, Wed,Thu	Park High School	Gymnastics	02/25/2019	04/24/2019	5:30 PM	8:30 PM	\$720.00 \$360.00

Course Information - Woodbury High School
No class March 11-16, April 13, 19, 20, and 25, 2019.

Section	Course	Days	Building	Room	Start Date	End Date	Start Time	End Time	Prices
WG2245	Gymnastics for Boys	Mon	Woodbury High School	Gymnastics	01/28/2019	03/25/2019	6:45 PM	7:45 PM	\$88.00
WG2207	Gymnastics Level 1	Mon	Woodbury High School	Gymnastics	02/25/2019	04/22/2019	5:45 PM	6:45 PM	\$88.00
WG2208	Gymnastics Level 1	Mon	Woodbury High School	Gymnastics	02/25/2019	04/22/2019	6:45 PM	7:45 PM	\$88.00
WG2216	Gymnastics Level 2	Mon	Woodbury High School	Gymnastics	02/25/2019	04/22/2019	5:45 PM	6:45 PM	\$88.00
WG2217	Gymnastics Level 2	Mon	Woodbury High School	Gymnastics	02/25/2019	04/22/2019	6:45 PM	7:45 PM	\$88.00
WG2225	Gymnastics Level 3	Mon	Woodbury High School	Gymnastics	02/25/2019	04/22/2019	5:45 PM	7:15 PM	\$132.00
WG2231	Gymnastics Level 4	Mon	Woodbury High School	Gymnastics	02/25/2019	04/22/2019	5:45 PM	7:45 PM	\$176.00
WG2201	Gymnastics Preschool Class	Mon	Woodbury High School	Gymnastics	02/25/2019	04/22/2019	5:00 PM	5:45 PM	\$88.00
WG2247	Gymnastics Private Lessons	Mon	Woodbury High School	Gymnastics	02/25/2019	04/22/2019	7:45 PM	8:45 PM	\$264.00
WG2248	Gymnastics Private Lessons	Mon	Woodbury High School	Gymnastics	02/25/2019	04/22/2019	7:45 PM	8:45 PM	\$264.00
WG2241	Royal Hot Shots I	Mon	Woodbury High School	Gymnastics	02/25/2019	04/22/2019	5:45 PM	7:45 PM	\$176.00
WG2238	Tiny Hot Shots	Mon	Woodbury High School	Gymnastics	02/25/2019	04/22/2019	5:45 PM	7:15 PM	\$132.00
WG2209	Gymnastics Level 1	Tue	Woodbury High School	Gymnastics	02/26/2019	04/23/2019	5:45 PM	6:45 PM	\$88.00
WG2210	Gymnastics Level 1	Tue	Woodbury High School	Gymnastics	02/26/2019	04/23/2019	6:45 PM	7:45 PM	\$88.00
WG2218	Gymnastics Level 2	Tue	Woodbury High School	Gymnastics	02/26/2019	04/23/2019	5:45 PM	6:45 PM	\$88.00
WG2219	Gymnastics Level 2	Tue	Woodbury High School	Gymnastics	02/26/2019	04/23/2019	6:45 PM	7:45 PM	\$88.00
WG2226	Gymnastics Level 3	Tue	Woodbury High School	Gymnastics	02/26/2019	04/23/2019	5:45 PM	7:15 PM	\$132.00
WG2202	Gymnastics Preschool Class	Tue	Woodbury High School	Gymnastics	02/26/2019	04/23/2019	5:00 PM	5:45 PM	\$88.00
WG2203	Gymnastics Preschool Class	Tue	Woodbury High School	Gymnastics	02/26/2019	04/23/2019	5:45 PM	6:30 PM	\$88.00
WG2204	Gymnastics Preschool Class	Tue	Woodbury High School	Gymnastics	02/26/2019	04/23/2019	6:30 PM	7:15 PM	\$88.00
WG2249	Gymnastics Private Lessons	Tue	Woodbury High School	Gymnastics	02/26/2019	04/23/2019	7:45 PM	8:45 PM	\$264.00
WG2250	Gymnastics Private Lessons	Tue	Woodbury High School	Gymnastics	02/26/2019	04/23/2019	7:45 PM	8:45 PM	\$264.00
WG2239	Tiny Hot Shots	Tue	Woodbury High School	Gymnastics	02/26/2019	04/23/2019	5:45 PM	7:15 PM	\$132.00
WG2246	Gymnastics for Boys	Wed	Woodbury High School	Gymnastics	02/27/2019	04/24/2019	6:45 PM	7:45 PM	\$88.00

WG2211	Gymnastics Level 1	Wed	Woodbury High School	Gymnastics	02/27/2019	04/24/2019	4:45 PM	5:45 PM	\$88.00
WG2212	Gymnastics Level 1	Wed	Woodbury High School	Gymnastics	02/27/2019	04/24/2019	5:45 PM	6:45 PM	\$88.00
WG2213	Gymnastics Level 1	Wed	Woodbury High School	Gymnastics	02/27/2019	04/24/2019	6:45 PM	7:45 PM	\$88.00
WG2220	Gymnastics Level 2	Wed	Woodbury High	Gymnastics	02/27/2019	04/24/2019	4:45 PM	5:45 PM	\$88.00
WG2221	Gymnastics Level 2	Wed	Woodbury High School	Gymnastics	02/27/2019	04/24/2019	5:45 PM	6:45 PM	\$88.00
WG2222	Gymnastics Level 2	Wed	Woodbury High School	Gymnastics	02/27/2019	04/24/2019	6:45 PM	7:45 PM	\$88.00
WG2227	Gymnastics Level 3	Wed	Woodbury High School	Gymnastics	02/27/2019	04/24/2019	5:45 PM	7:15 PM	\$132.00
WG2232	Gymnastics Level 4	Wed	Woodbury High School	Gymnastics	02/27/2019	04/24/2019	5:45 PM	7:45 PM	\$176.00
WG2205	Gymnastics Preschool Class	Wed	Woodbury High School	Gymnastics	02/27/2019	04/24/2019	6:30 PM	7:15 PM	\$88.00
WG2251	Gymnastics Private Lessons	Wed	Woodbury High School	Gymnastics	02/27/2019	04/24/2019	7:45 PM	8:45 PM	\$264.00
WG2252	Gymnastics Private Lessons	Wed	Woodbury High School	Gymnastics	02/27/2019	04/24/2019	7:45 PM	8:45 PM	\$264.00
WG2242	Royal Hot Shots I	Wed	Woodbury High School	Gymnastics	02/27/2019	04/24/2019	5:45 PM	7:45 PM	\$176.00
WG2240	Tiny Hot Shots	Wed	Woodbury High School	Gymnastics	02/27/2019	04/24/2019	5:45 PM	7:15 PM	\$132.00
WG2214	Gymnastics Level 1	Thu	Woodbury High School	Gymnastics	02/28/2019	04/18/2019	4:45 PM	5:45 PM	\$77.00
WG2223	Gymnastics Level 2	Thu	Woodbury High School	Gymnastics	02/28/2019	04/18/2019	4:45 PM	5:45 PM	\$77.00
WG2228	Gymnastics Level 3	Thu	Woodbury High School	Gymnastics	02/28/2019	04/18/2019	5:45 PM	7:15 PM	\$115.50
WG2233	Gymnastics Level 4	Thu	Woodbury High School	Gymnastics	02/28/2019	04/18/2019	5:45 PM	7:45 PM	\$154.00
WG2243	Royal Hot Shots I	Thu	Woodbury High School	Gymnastics	02/28/2019	04/18/2019	5:45 PM	7:45 PM	\$154.00
WG2224	Gymnastics Level 2	Fri	Woodbury High School	Gymnastics	03/01/2019	04/26/2019	9:45 AM	10:45 AM	\$66.00
WG2229	Gymnastics Level 3	Fri	Woodbury High School	Gymnastics	03/01/2019	04/26/2019	5:45 PM	7:15 PM	\$115.50
WG2234	Gymnastics Level 4	Fri	Woodbury High School	Gymnastics	03/01/2019	04/26/2019	5:45 PM	7:45 PM	\$154.00
WG2215	Gymnastics Level 1	Sat	Woodbury High School	Gymnastics	03/02/2019	04/27/2019	9:45 AM	10:45 AM	\$66.00
WG2230	Gymnastics Level 3	Sat	Woodbury High School	Gymnastics	03/02/2019	04/27/2019	9:45 AM	11:15 AM	\$99.00
WG2235	Gymnastics Level 4	Sat	Woodbury High School	Gymnastics	03/02/2019	04/27/2019	9:45 AM	11:45 AM	\$132.00
WG2253	Gymnastics Parent Child Class	Sat	Woodbury High School	Gymnastics	03/02/2019	04/27/2019	9:00 AM	9:45 AM	\$66.00
WG2206	Gymnastics Preschool Class	Sat	Woodbury High School	Gymnastics	03/02/2019	04/27/2019	9:00 AM	9:45 AM	\$66.00

WG2244	Royal Hot Shots II	Mon, Wed	Woodbury High School	Gymnastics	02/25/2019	04/24/2019	5:45 PM	7:45 PM	\$352.00
WG2236	Gymnastics MAGA Team	Tue,Thu , Fri	Woodbury High School	Gymnastics	02/26/2019	04/26/2019	5:00 PM	8:30 PM	\$561.00 \$280.50
WG2237	Gymnastics MAGA Team	Tue,Thu , Fri,Sat	Woodbury High School	Gymnastics	02/26/2019	04/27/2019	9:00 AM	8:30 PM	\$672.00 \$336.00