



Aquatics



Swimming Lessons - Water Fitness - Recreational Swims
Rentals - Camp Swim Testing
Badge Workshops - Safety Trainings

The focus of our program is to provide a fun safe learning environment for all ages and abilities.
Our youth learn to swim program is ages 1-12 and our adult program is 13-adult.

Registration

Please register according to your child's ability level. If they are currently in a session, register for their current class.

If you have specific questions on level/skills, please call 651-425-6610

- * Registration is due 72 hours before the class begins
- * Financial Assistance is due at the least TWO weeks before starting class
 - * Late Registration is \$5
 - * Transfer request within a week of class \$10 fee
 - * Classes are not prorated
- * Open registration taken until the 3rd class.
 - * Refunds more than one week out \$5 fee.
 - * No Refunds one week prior to start.

Program Locations

Cottage Grove Middle School-9775 Indian Blvd , Cottage Grove, MN • Enter through Pool Entrance at the south side of the building.

ISD 833 Community Pool-1020 Third Street, St. Paul Park * Enter parking lot on Third St, next to Nuevas Fronteras Elem School

Lake Middle School-3133 Pioneer Drive, Woodbury * Enter through the Pool Entrance at the south side of the building.

Oltman Middle School-6625 Goodview Avenue, Cottage Grove * Enter at the cafeteria entrance doors

* Woodbury High School-1425 Woodbury Dr., Woodbury * Enter through Activity Center at the north end of the school next to the tennis courts.

Spring Schedules

This Spring season covers activities for the months of March, April, and May. Swim Training, Basic Water Rescue, Swim Aide Training, Water Exercise, Learn to Dive, Scout Swim Testing and April Pool's Day can be found on the Cottage Grove Middle Spring Schedule.

Cottage Grove Middle * Oltman Middle. * ISD 833 Community Pool

Recreation and Fitness

Open Swim

Fridays

6:30 PM - 8:30 PM Admission: \$4 / under 1 free

Closed : 3/15, 4/19

Lap Swim / Deep Water Walking - Admission \$3

Water Exercise - Admission \$6 (Beginning June 1 - \$7)

Mondays / Wednesdays

8:00 PM - 9:00 PM

Closed: 3/11, 3/13, 4/1, 5/1, 5/8, 5/27

Ages: 13+

Saturdays (Mar 23-May 11 only)

8:00 AM - 9:00 AM

Closed: 4/20



Special Events

April Pool's Day - Free - Registration Required by 3/29

4:00 PM - 5:00 PM - Monday, April 1

AQ23100 - Oltman Middle

AQ63130 - Cottage Grove Middle

AQ53132 - Lake Middle

No School Swim - 1:00-2:30PM - \$4 - Registration Required

AQ52207 - Lake Middle - Tuesday, March 12 - Register By 3/9

AQ62325 - Cottage Grove Middle - Wednesday, March 13 - Register By 3/10

AQ53133 - Lake Middle - Monday, April 29 - Register By 4/26



Trainings

AQ23800 - Lifeguard Training - ISD 833 Community Pool

Sundays, March 24, 31, April 14, 28, May 5 at ISD 833 Community Pool

Sunday, April 7 at District Program Center

No Class: April 21 \$255 6 sessions

Ages: 15+

3:00 PM - 7:30 PM

1:30 PM - 7:30 PM

Register By 3/21

AQ23001 - Learn to Dive - Beginner and Advanced Skills - Oltman Middle

Tuesdays, March 5 - April 30

No Class: March 12 \$65 8 sessions

Ages: 7+

7:00 PM - 7:40 PM

Register By 3/2



Trainings

AQ22203 Swim Training - Oltman Middle
 Tuesday & Friday - March 1 - 29
 No Class: March 12, 15 \$43.75 7 sessions
 Ages: 10+
 7:00 PM 8:15 PM
 Register by 2/26

AQ23204 Swim Training - Oltman Middle
 Tuesdays - April 2, 9, 16, 23, 30
 Fridays - April 5, 12, 26
 No Class: April 19 \$50 8 sessions
 Ages: 10+
 7:00 PM 8:15 PM
 5:00 PM - 6:15 PM
 Register by 3/30

AQ23205 Swim Training - Oltman Middle
 Tuesdays - May 7, 14, 21, 28
 Fridays - May 3, 10, 17, 24, 31
 No Class: April 19 \$56.25 9 sessions
 Ages: 10+
 7:00 PM 8:15 PM
 5:00 PM - 6:15 PM
 Register by 4/30

AQ63128 Swim Aide Training - Cottage Grove Middle
 Mondays, March 4 - April 29
 No Class: March 11, April 1 \$125 7 sessions
 Ages: 14 +
 5:45 PM - 8:00 PM
 Register by 3/1

AQ63324 - Basic Water Rescue - Cottage Grove Middle
 Wednesday, March 13 - Room F-107
 \$33 1 session
 Ages: 12+
 9:00 AM - 1:00 PM



Cottage Grove Middle Pool				
Mondays				
March 4 - April 29				
No Class: March 11 & April 1				
Online Registration Ends: 3/1/19				
Course Name	Full Number	Times	Sessions	Rates
Swim Aide Training - SPRING	AQ63128	5:45 PM 8:00 PM	7	\$ 125.00
Beginner 1 - Cottage Grove Middle School - Spring	AQ63103	5:00 PM 5:40 PM	7	\$ 51.75
Beginner 2 - Cottage Grove Middle School - SPRING	AQ63104	5:00 PM 5:40 PM	7	\$ 51.75
Beginner 3 - Cottage Grove Middle School - SPRING	AQ63105	5:00 PM 5:40 PM	7	\$ 51.75
Preschool Beginner - Cottage Grove Middle School - Spring	AQ63106	5:15 PM 5:40 PM	7	\$ 48.25

Preschool Advanced B - Cottage Grove Middle School - Spring	AQ63107	5:15 PM 5:40 PM	7	\$ 48.25
Toddler A/B - Parent & Child - Cottage Grove Middle School - SPRING	AQ63108	5:45 PM 6:10 PM	7	\$ 48.25
Preschool Beginner - Cottage Grove Middle School - Spring	AQ63109	5:45 PM 6:10 PM	7	\$ 48.25
Beginner 1 - Cottage Grove Middle School - Spring	AQ63110	5:45 PM 6:25 PM	7	\$ 51.75
Beginner 2 - Cottage Grove Middle School - SPRING	AQ63111	5:45 PM 6:25 PM	7	\$ 51.75
Beginner 3 - Cottage Grove Middle School - SPRING	AQ63112	5:45 PM 6:25 PM	7	\$ 51.75
Intermediate 1 - Cottage Grove Middle School - SPRING	AQ63113	5:45 PM 6:25 PM	7	\$ 51.75
Preschool Advanced A - Cottage Grove Middle - Spring	AQ63114	6:15 PM 6:40 PM	7	\$ 48.25
Preschool Advanced B - Cottage Grove Middle School - Spring	AQ63115	6:15 PM 6:40 PM	7	\$ 48.25
Beginner 1 - Cottage Grove Middle School - Spring	AQ63116	6:30 PM 7:10 PM	7	\$ 51.75
Beginner 2 - Cottage Grove Middle School - SPRING	AQ63117	6:30 PM 7:10 PM	7	\$ 51.75
Beginner 3 - Cottage Grove Middle School - SPRING	AQ63118	6:30 PM 7:10 PM	7	\$ 51.75
Intermediate 2 - Cottage Grove Middle School - SPRING	AQ63119	6:30 PM 7:10 PM	7	\$ 51.75
Preschool Advanced A - Cottage Grove Middle - Spring	AQ63121	6:45 PM 7:10 PM	7	\$ 48.25
Preschool Beginner - Cottage Grove Middle School - Spring	AQ63120	6:45 PM 7:10 PM	7	\$ 48.25
Preschool Advanced A - Cottage Grove Middle - Spring	AQ63122	7:15 PM 7:40 PM	7	\$ 48.25
Preschool Advanced B - Cottage Grove Middle School - Spring	AQ63123	7:15 PM 7:40 PM	7	\$ 48.25
Advanced & Swimmer - Cottage Grove Middle School - SPRING	AQ63127	7:15 PM 7:55 PM	7	\$ 51.75
Beginner 1 - Cottage Grove Middle School - Spring	AQ63124	7:15 PM 7:55 PM	7	\$ 51.75
Beginner 2 - Cottage Grove Middle School - SPRING	AQ63125	7:15 PM 7:55 PM	7	\$ 51.75
Intermediate 1 - Cottage Grove Middle School - SPRING	AQ63126	7:15 PM 7:55 PM	7	\$ 51.75
Water Exercise - Cottage Grove Middle School - SPRING	AQ63100	8:00 PM 9:00 PM	7	\$ 36.75
Lap Swim / Deep Water Walking - Evenings	AQ63102	8:00 PM 9:00 PM	7	\$ 21.00

ISD 833 Community Pool - Spring Session				
Tuesdays		Online Registration Ends: 3/16/19		
March 19- May 7				
Course Name	Full Number	Times	Sessions	Rates
Lap Swim / Deep Water Walking - Mornings	AQ23200	8:00 AM 9:00 AM	8	\$ 24.00
Adult Swim	AQ23201	8:00 AM 9:00 AM	8	\$ 24.00
Preschool Swim	AQ23202	9:00 AM 10:00 AM	8	\$ 24.00

Toddler A/B - Parent & Child - ISD 833 Community Pool - SPRING	AQ23206	9:30 AM 9:55 AM	8	\$ 55.00
Preschool Beginner - ISD 833 Community Pool - SPRING	AQ23207	10:00 AM 10:25 AM	8	\$ 55.00
Preschool Advanced A - ISD 833 Community Pool - SPRING	AQ23208	10:30 AM 10:55 AM	8	\$ 55.00
Preschool Advanced B - ISD 833 Community Pool - SPRING	AQ23209	11:00 AM 11:25 AM	8	\$ 55.00

Cottage Grove Middle Pool				
Tuesdays		Online Registration Ends: 3/16/19		
March 19- April 23				
Course Name	Full Number	Times	Sessions	Rates
Preschool Advanced A - Cottage Grove Middle - Spring	AQ63200	4:45 PM 5:10 PM	6	\$ 41.25
Preschool Advanced B - Cottage Grove Middle School - Spring	AQ63201	4:45 PM 5:10 PM	6	\$ 41.25
Beginner 1 - Cottage Grove Middle School - Spring	AQ63202	4:45 PM 5:40 PM	6	\$ 61.00
Toddler A/B - Parent & Child - Cottage Grove Middle School - SPRING	AQ63203	5:15 PM 5:40 PM	6	\$ 41.25
Preschool Beginner - Cottage Grove Middle School - Spring	AQ63204	5:15 PM 5:40 PM	6	\$ 41.25
Private Swim Lessons- Cottage Grove Middle School - SPRING	AQ63205	5:45 PM 6:10 PM	6	\$ 101.00

Cottage Grove Middle Pool				
Wednesdays		Online Registration Ends: 3/3/19		
March 6 - April 24				
No Class: March 13				
Course Name	Full Number	Times	Sessions	Rates
Basic Water Rescue	AQ63324	9:00 AM 1:00 PM	1	\$ 33.00
Semi Private-Special Needs - Cottage Grove Middle School - SPRING	AQ63302	5:15 PM 5:40 PM	7	\$ 71.75
Private Swim Lessons- Cottage Grove Middle School - SPRING	AQ63304	5:20 PM 5:40 PM	7	\$ 113.00
Preschool Beginner - Cottage Grove Middle School - Spring	AQ63305	5:45 PM 6:10 PM	7	\$ 48.25
Preschool Advanced B - Cottage Grove Middle School - Spring	AQ63306	5:45 PM 6:10 PM	7	\$ 48.25
Beginner 1 - Cottage Grove Middle School - Spring	AQ63307	5:45 PM 6:25 PM	7	\$ 51.75
Beginner 2 - Cottage Grove Middle School - SPRING	AQ63308	5:45 PM 6:25 PM	7	\$ 51.75
Beginner 3 - Cottage Grove Middle School - SPRING	AQ63309	5:45 PM 6:25 PM	7	\$ 51.75
Preschool Beginner - Cottage Grove Middle School - Spring	AQ63310	6:15 PM 6:40 PM	7	\$ 48.25
Preschool Advanced A - Cottage Grove Middle - Spring	AQ63311	6:15 PM 6:40 PM	7	\$ 48.25

Beginner 1 - Cottage Grove Middle School - Spring	AQ63312	6:30 PM 7:10 PM	7	\$ 51.75
Beginner 2 - Cottage Grove Middle School - SPRING	AQ63313	6:30 PM 7:10 PM	7	\$ 51.75
Intermediate 1 - Cottage Grove Middle School - SPRING	AQ63314	6:30 PM 7:10 PM	7	\$ 51.75
Intermediate 2 - Cottage Grove Middle School - SPRING	AQ63315	6:30 PM 7:10 PM	7	\$ 51.75
Preschool Advanced B - Cottage Grove Middle School - Spring	AQ63317	6:45 PM 7:10 PM	7	\$ 48.25
Toddler A/B - Parent & Child - Cottage Grove Middle School - SPRING	AQ63316	6:45 PM 7:10 PM	7	\$ 48.25
Preschool Advanced A - Cottage Grove Middle - Spring	AQ63318	7:15 PM 7:40 PM	7	\$ 48.25
Preschool Advanced B - Cottage Grove Middle School - Spring	AQ63319	7:15 PM 7:40 PM	7	\$ 48.25
Advanced & Swimmer - Cottage Grove Middle School - SPRING	AQ63323	7:15 PM 7:55 PM	7	\$ 51.75
Beginner 1 - Cottage Grove Middle School - Spring	AQ63320	7:15 PM 7:55 PM	7	\$ 51.75
Beginner 2 - Cottage Grove Middle School - SPRING	AQ63321	7:15 PM 7:55 PM	7	\$ 51.75
Beginner 3 - Cottage Grove Middle School - SPRING	AQ63322	7:15 PM 7:55 PM	7	\$ 51.75
Water Exercise - Cottage Grove Middle School - SPRING	AQ63300	8:00 PM 9:00 PM	7	\$ 36.75
Lap Swim / Deep Water Walking - Evenings	AQ63301	8:00 PM 9:00 PM	7	\$ 21.00

ISD 833 Community Pool				
Thursdays		Online Registration Ends: 3/18/19		
March 21 - May 9				
Course Name	Full Number	Times	Sessions	Rates
Lap Swim / Deep Water Walking - Mornings	AQ23400	8:00 AM 9:00 AM	8	\$ 24.00
Adult Swim	AQ23401	8:00 AM 9:00 AM	8	\$ 24.00
Preschool Swim	AQ23402	9:00 AM 10:00 AM	8	\$ 24.00

Cottage Grove Middle Pool				
Thursdays		Online Registration Ends: 3/4/19		
March 7 - April 18				
No Class: March 14				
Course Name	Full Number	Times	Sessions	Rates
Semi Private-Special Needs - Cottage Grove Middle School - SPRING	AQ63401	5:15 PM 5:40 PM	6	\$ 61.50
Private Swim Lessons- Cottage Grove Middle School - SPRING	AQ63402	5:15 PM 5:40 PM	6	\$ 121.00
Toddler A/B - Parent & Child - Cottage Grove Middle School - SPRING	AQ63403	5:45 PM 6:15 PM	6	\$ 49.50

Preschool Beginner - Cottage Grove Middle School - Spring	AQ63404	5:45 PM 6:15 PM	6	\$ 49.50
Beginner 1 - Cottage Grove Middle School - Spring	AQ63405	5:45 PM 6:40 PM	6	\$ 61.00
Beginner 2 - Cottage Grove Middle School - SPRING	AQ63406	5:45 PM 6:40 PM	6	\$ 61.00
Intermediate 1 & 2 - ISD 833 Community Pool - Spring	AQ63407	5:45 PM 6:40 PM	6	\$ 51.75
Preschool Advanced A - Cottage Grove Middle - Spring	AQ63408	6:20 PM 6:50 PM	6	\$ 49.50
Preschool Advanced B - Cottage Grove Middle School - Spring	AQ63409	6:20 PM 6:50 PM	6	\$ 49.50
Beginner 1 - Cottage Grove Middle School - Spring	AQ63410	6:45 PM 7:40 PM	6	\$ 61.00
Beginner 2 - Cottage Grove Middle School - SPRING	AQ63411	6:45 PM 7:40 PM	6	\$ 61.00
Beginner 3 - Cottage Grove Middle School - SPRING	AQ63412	6:45 PM 7:40 PM	6	\$ 61.00
Preschool Advanced A - Cottage Grove Middle - Spring	AQ63414	6:55 PM 7:25 PM	6	\$ 49.50
Preschool Beginner - Cottage Grove Middle School - Spring	AQ63413	6:55 PM 7:25 PM	6	\$ 49.50

Cottage Grove Middle Pool				
Saturdays		Online Registration Ends: 3/20/19		
March 23 - May 11				
No Class: April 20				
Course Name	Full Number	Times	Sessions	Rates
Water Exercise - Cottage Grove Middle School - SPRING	AQ63600	8:00 AM 9:00 AM	7	\$ 36.75
Lap Swim / Deep Water Walking - Mornings	AQ63601	8:00 AM 9:00 AM	7	\$ 21.00
Preschool Beginner - Cottage Grove Middle School - Spring	AQ63603	9:00 AM 9:25 AM	7	\$ 48.25
Toddler A/B - Parent & Child - Cottage Grove Middle School - SPRING	AQ63602	9:00 AM 9:25 AM	7	\$ 48.25
Beginner 1 - Cottage Grove Middle School - Spring	AQ63604	9:00 AM 9:40 AM	7	\$ 51.75
Beginner 2 - Cottage Grove Middle School - SPRING	AQ63605	9:00 AM 9:40 AM	7	\$ 51.75
Beginner 3 - Cottage Grove Middle School - SPRING	AQ63606	9:00 AM 9:40 AM	7	\$ 51.75
Preschool Advanced A - Cottage Grove Middle - Spring	AQ63607	9:30 AM 9:55 AM	7	\$ 48.25
Preschool Advanced B - Cottage Grove Middle School - Spring	AQ63608	9:30 AM 9:55 AM	7	\$ 48.25
Beginner 1 - Cottage Grove Middle School - Spring	AQ63609	9:45 AM 10:25 AM	7	\$ 51.75
Beginner 2 - Cottage Grove Middle School - SPRING	AQ63610	9:45 AM 10:25 AM	7	\$ 51.75
Intermediate 1 - Cottage Grove Middle School - SPRING	AQ63611	9:45 AM 10:25 AM	7	\$ 51.75
Preschool Beginner - Cottage Grove Middle School - Spring	AQ63612	10:00 AM 10:25 AM	7	\$ 48.25
Preschool Advanced B - Cottage Grove Middle School - Spring	AQ63613	10:00 AM 10:25 AM	7	\$ 48.25
Toddler A/B - Parent & Child - Cottage Grove Middle School - SPRING	AQ63614	10:30 AM 10:55 AM	7	\$ 48.25

Preschool Advanced A - Cottage Grove Middle - Spring	AQ63615	10:30 AM 10:55 AM	7	\$ 48.25
Beginner 1 - Cottage Grove Middle School - Spring	AQ63616	10:30 AM 11:10 AM	7	\$ 51.75
Beginner 2 - Cottage Grove Middle School - SPRING	AQ63617	10:30 AM 11:10 AM	7	\$ 51.75
Beginner 3 - Cottage Grove Middle School - SPRING	AQ63618	10:30 AM 11:10 AM	7	\$ 51.75
Intermediate 2 - Cottage Grove Middle School - SPRING	AQ63619	10:30 AM 11:10 AM	7	\$ 51.75
Preschool Beginner - Cottage Grove Middle School - Spring	AQ63620	11:00 AM 11:25 AM	7	\$ 48.25
Preschool Advanced A - Cottage Grove Middle - Spring	AQ63621	11:00 AM 11:25 AM	7	\$ 48.25
Beginner 1 - Cottage Grove Middle School - Spring	AQ63622	11:15 AM 11:55 AM	7	\$ 51.75
Beginner 2 - Cottage Grove Middle School - SPRING	AQ63623	11:15 AM 11:55 AM	7	\$ 51.75
Intermediate 1 & 2 - ISD 833 Community Pool - Spring	AQ63624	11:15 AM 11:55 AM	7	\$ 51.75
Advanced & Swimmer - Cottage Grove Middle School - SPRING	AQ63625	11:15 AM 11:55 AM	7	\$ 51.75
Preschool Advanced A - Cottage Grove Middle - Spring	AQ63626	11:30 AM 11:55 AM	7	\$ 48.25
Preschool Advanced B - Cottage Grove Middle School - Spring	AQ63627	11:30 AM 11:55 AM	7	\$ 48.25
Semi Private-Special Needs - Cottage Grove Middle School - SPRING	AQ63628	12:00 PM 12:25 PM	7	\$ 71.75
Private Swim Lessons- Cottage Grove Middle School - SPRING	AQ63629	12:00 PM 12:25 PM	7	\$ 113.00



